

# S I MENIUL ZILEI DE LUNI 01./12./2025

Aprobat :ManagerAprobat:Director

Aprobat: Director med

| Regim/<br>Gr. varsta | MICUL DEJUN<br>8 <sup>00</sup> -8 <sup>30</sup>                 | GUSTARE<br>10 <sup>00</sup> -10 <sup>30</sup> | PRANZ<br>12 <sup>30</sup> -13 <sup>00</sup>                                                        | GUSTARE<br>16 <sup>00</sup> -16 <sup>30</sup> | 18 <sup>00</sup> -18 <sup>30</sup>                           | Nr<br>portii | Observatii                                                                                                                                                                                                                                                                                                                                                                                     |
|----------------------|-----------------------------------------------------------------|-----------------------------------------------|----------------------------------------------------------------------------------------------------|-----------------------------------------------|--------------------------------------------------------------|--------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Urticarie            | Ceai,paine, gem<br>250ml//40g                                   | Mar copt<br>1 buc                             | Supa de legume/Cartofi fierti<br>250ml/250g                                                        | Compotasortat<br>250ml                        | Paste fierte<br>250g                                         |              | *Preparatul este pe baza de legume (vegetarian, post)<br>**Materia prima poate proveni din produse congelate<br>***Alergenii posibili sunt: cereale care contin gluten (Grau, secara, ovaz) si produse derivate;<br>oua si produse derivate;<br>lapte si produse derivate<br>**** Alimentatia copilului 1 -3 ani exclude:mancarurile preparate din carne de porc, branzeturi sarate/fermentate |
| LF                   | Ceai,paine,unt<br>250ml/20g                                     | Lapte 250ml                                   | Supa de legumeOrez cu br.vaci<br>250ml/250g                                                        | Iaurt 1 buc                                   | Paste cu branza de vaci<br>250g                              |              |                                                                                                                                                                                                                                                                                                                                                                                                |
| LFVC                 | Ceai,paine,unt<br>250ml//20g                                    | Lapte 250ml                                   | Supa legume /Pulpe pui la cuptor/Orez<br>250ml/100g/250g                                           | Iaurt 1 buc                                   | Paste cu branza de vaci<br>200g                              |              |                                                                                                                                                                                                                                                                                                                                                                                                |
| HLZ                  | Ceaiindulcit 250ml                                              | Lapte 250ml                                   | Supa de legume 250ml                                                                               | Iaurt 1 buc                                   | Ceaiindulcit 250ml                                           |              |                                                                                                                                                                                                                                                                                                                                                                                                |
| HZ                   | Ceaiindulci 250ml                                               | Zeamacompot<br>250 ml                         | Supa de legume 250ml                                                                               | Zeamacompot<br>250ml                          | Ceaiindulcit 250ml                                           |              |                                                                                                                                                                                                                                                                                                                                                                                                |
| Hiperproteic         | Ceai ,paine,ou,unt<br>250ml,1 buc,20g                           | Cozonac<br>100g                               | Supa cu legume/Ciulama de pui<br>250ml,m200g,150g                                                  | Banane<br>1 buc                               | Budınca de paste cu branza de<br>vacı 250g,pulpe de pui,100g |              |                                                                                                                                                                                                                                                                                                                                                                                                |
| Enterita             | Ceai,paine,br.vaci<br>250ml/100g                                | Grisine<br>1 buc                              | Supa de legume /Pulpe pui la cuptor/Orez<br>250ml/150g/250g                                        | Banane<br>1 buc                               | Paste cu branza de vaci<br>250g                              |              |                                                                                                                                                                                                                                                                                                                                                                                                |
| Hepatic              | Ceai ,paine,ou,unt<br>250ml,1 buc,20g                           | Cozonac<br>100g                               | Supa cu legume/Ciulama de pui<br>250ml,m200g,150g                                                  | Banane<br>1 buc                               | Budınca de paste cu branza de<br>vacı 250g                   |              |                                                                                                                                                                                                                                                                                                                                                                                                |
| Gastric              | Ceai ,paine,ou,unt<br>250ml,1 buc,20g                           | Cozonac<br>100g                               | Supa cu legume /Orez cu pulpe de<br>pui,250ml,250g,150g.                                           | Banane<br>1 buc                               | Budınca de paste cu branza de<br>vacı 250g                   |              |                                                                                                                                                                                                                                                                                                                                                                                                |
| Desodat              | Ceai ,paine,ou,unt<br>250ml,1 buc,20g                           | Cozonac<br>100g                               | Supa cu legume/Ciulama de pui<br>250ml,m200g,150g                                                  | Banane<br>1 buc                               | Budınca de paste cu branza de<br>vacı 250g                   |              |                                                                                                                                                                                                                                                                                                                                                                                                |
| Cortizon             | Ceai ,paine,ou,unt<br>250ml,1 buc,20g                           | Cozonac<br>100g                               | Supa cu legume/Ciulama de pui<br>250ml,m200g,150g                                                  | Banane<br>1 buc                               | Budınca de paste cu branza de<br>vacı 250g,pulpe de pui,100g |              |                                                                                                                                                                                                                                                                                                                                                                                                |
| Diabet               | Lapte ,cascaval,unt<br>250ml,50g,20g                            | Pulpa gratar,<br>Mar,100                      | Ciorba de vita,Orez cu legume,Pulpa de<br>pui,250ml,250g,150g                                      | Margele branza<br>Mar,100g                    | Piure de cartofi ,250g<br>Pulpe de pui,150g                  |              |                                                                                                                                                                                                                                                                                                                                                                                                |
| Hemodializa          | Cascaval,paine                                                  | Cozonac 100g                                  | Gratar pulpa de pui,Mar,150g,1 buc                                                                 |                                               |                                                              |              |                                                                                                                                                                                                                                                                                                                                                                                                |
| Mame NNP             | Ceai ,paine,ou,unt<br>250ml,1 buc,20g                           | Cozonac<br>100g                               | Supa cu legume /Orez cu pulpe de<br>pui,250ml,250g,150g.                                           | Banane<br>1 buc                               | Budınca de paste cu branza de<br>vacı 250g,pulpe de pui,100g |              |                                                                                                                                                                                                                                                                                                                                                                                                |
| Copii 1-3 ani        | Ceai ,paine,ou,unt<br>150ml,1 buc,20g                           | Cozonac<br>100g                               | Supa cu legume/Ciulama de pui<br>150ml,150g,100g                                                   | Banane<br>1 buc                               | Budınca de paste cu branza de<br>vacı 150g                   |              |                                                                                                                                                                                                                                                                                                                                                                                                |
| Copii 3-18<br>ani    | Ceai,paine,cascaval<br>unt,ou,rosiichery<br>250ml/50g,10g,1,50g | Cozonac<br>100g                               | Ciorba de vita,Iahnie de fasole cu cabanos<br>250g,250g,100g,castraveti murati,50g                 | Banane<br>1 buc                               | Budınca de paste cu branza de<br>vacı 250g                   |              |                                                                                                                                                                                                                                                                                                                                                                                                |
| Insoțitori           | Ceai,paine,cascaval<br>unt,ou,castraveti<br>250ml/50g,20g,1,50g | -                                             | Ciorba de vita,Iahnie de fasole cu cabanos<br>250g,250g,100g,castraveti murati,50g<br>Cozonac,100g | -                                             | Budınca de paste cu branza de<br>vacı 250g                   |              |                                                                                                                                                                                                                                                                                                                                                                                                |

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## S I MENIUL ZILEI DE MARTI 02./12./2025

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Aprobat: Director me

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| Regim/<br>Gr. varsta | MICUL DEJUN<br>8 <sup>00</sup> -8 <sup>30</sup>      | GUSTARE<br>10 <sup>00</sup> -10 <sup>30</sup> | PRANZ<br>12 <sup>30</sup> -13 <sup>00</sup>                                    | GUSTARE<br>16 <sup>00</sup> -16 <sup>30</sup> | Nr<br>portii                                                 | Observatii                                                                                                                                                                                                                                                                                                                                                                                                            |
|----------------------|------------------------------------------------------|-----------------------------------------------|--------------------------------------------------------------------------------|-----------------------------------------------|--------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Urticarie            | Ceai,paine, gem<br>250ml//40g                        | Mar copt<br>1 buc                             | Supa de legume/Cartofi fierti<br>250ml/200g                                    | Compotasortat<br>250ml                        | Orezalb 250g                                                 | <p>*Preparatul este pe baza de legume (vegetarian, post)</p> <p>**Materia prima poate proveni din produse congelate</p> <p>***Alergenii posibili sunt: cereale care contin gluten (Grau, secara, ovaz) si produse derivate;<br/>oua si produse derivate;<br/>lapte si produse derivate</p> <p>****Alimentatia copilului 1 -3 ani exclude: mancarurile cu preparate din carne de porc,branzeturi sarate/fermentate</p> |
| LF                   | Ceai,paine,unt<br>250ml/20g                          | Lapte 250ml                                   | Supa de legumeOrez cu br.vaci<br>250ml/250g/50g                                | Iaurt 1 buc                                   | Paste cu branz<a de vaci<br>250g                             |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| LFVC                 | Ceai,paine,unt<br>250ml/20g                          | Lapte 250ml                                   | Supa legume /Pulpe pui la cuptor/Orez<br>250ml/150g/200g                       | Iaurt 1 buc                                   | Paste cu branz<a de vaci<br>250g                             |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| HLZ                  | Ceaiindulcit 250ml                                   | Lapte 250ml                                   | Supa de legume 250ml                                                           | Iaurt 1 buc                                   | Ceaiindulcit 250ml                                           |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| HZ                   | Ceaiindulci 250ml                                    | Zeama compot<br>250 ml                        | Supa de legume 250ml                                                           | Zeama compot<br>250ml                         | Ceaiindulcit 250ml                                           |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Hiperproteic         | Ceai,paine,crema de<br>branza,gem,100g,20g           | Clementine<br>1 buc                           | Supa cu galuste ,Pulpe de pui la cuptor,<br>Piure de cartofi ,250ml,150g,250g, | Biscuiti<br>Belvita 50g                       | Mamaliga cu margele de branza<br>pulpe de pui,200g,180g,100g |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Enterita             | Ceai,pesmet,cas<br>250ml/100g                        | Sticksuri<br>1 buc                            | Supa legume /Pulpe pui la cuptor/Orez<br>250ml/150g/250g                       | Grisine<br>1 buc                              | Paste cu branza de vaci<br>250g                              |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Hepatic              | Ceai,paine,crema de<br>branza,gem,100g,20g           | Clementine<br>1 buc                           | Supa cu galuste ,Pulpe de pui la cuptor,<br>Piure de cartofi ,250ml,150g,250g, | Biscuiti<br>Belvita 50g                       | Mamaliga cu margele de branza<br>200g,180g                   |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Gastric              | Ceai,paine,cas<br>Unt,250ml,100g,20g                 | Mar copt<br>1 buc                             | Supa cu galuste ,Pulpe de pui la cuptor,<br>Piure de cartofi ,250ml,150g,250g, | Biscuiti<br>1 buc                             | Mamaliga ,branza de vaci,ou<br>Posat,200g,1 buc,1 buc        |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Desodat              | Ceai,paine,crema de<br>branza,gem100g,20g            | Clementine<br>1 buc                           | Supa cu galuste ,Pulpe de pui la cuptor,<br>Piure de cartofi ,250ml,150g,250g, | Biscuiti<br>Belvita 50g                       | Mamaliga cu margele de branza<br>200g,180g                   |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Cortizon             | Ceai,paine,br vaci<br>gem,250ml,100g,20              | Piept de pui<br>100g                          | Supa cu galuste ,Pulpe de pui la cuptor,<br>Piure de cartofi ,250ml,150g,250g, | Biscuiti<br>Belvita 50g                       | Mamaliga cu margele de branza<br>pulpe de pui,200g,180g,100g |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Diabet               | Lapte ,cas,unt<br>250ml,50g,20g                      | Piept de pui<br>100g, mar,100                 | Ciorba de legume ,Pulpe de pui piure de<br>cartofi,250ml,150g,200g             | Cascaval<br>Mar,100g                          | Mamaliga cu margele de branza<br>pulpe de pui,200g,180g,150g |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Mame NNP             | Ceai,paine,cas<br>unt100g,20g                        | Mar copt<br>1 buc                             | Supa cu galuste ,Pulpe de pui la cuptor,<br>Piure de cartofi ,250ml,150g,250g, | Biscuiti<br>1 buc                             | Mamaliga cu margele de branza<br>pulpe de pui180g,1 buc,100g |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Copii 1-3 ani        | Ceai,paine,branza<br>vaci ,150ml,,50g                | Clementine<br>1 buc                           | Supa cu galuste ,Pulpe de pui fierte cu<br>piure de cartofi ,150ml,100g,150g,  | Biscuiti<br>Belvita,50g                       | Mamaliga cu margele de branza<br>150g,180g                   |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Copii 3-18 ani       | Ceai,paine,crema de<br>branza,unt,250ml,<br>100g,20g | Clementine<br>1 buc                           | Ciorba de legume,Snitel de pui ,Piure de<br>cartofi , 250ml,100g,250g          | Biscuiti<br>Belvita 50g                       | Mamaliga,smantana,telemea<br>200g,50g,100g                   |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Insotitori           | Ceai,paine,pate ficat<br>250ml,120g                  | -                                             | Ciorba de legume,Pulpe de pui ,Piure de<br>cartofi ,,250ml                     | -                                             | Mamaliga,smantana,telemea<br>200g,50g,100g                   |                                                                                                                                                                                                                                                                                                                                                                                                                       |

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Alimentar

De service As

# S I MENIUL ZILEI MIERCURI 03./12./2025

Aprobat :Manager

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Aprobat: Director medical

Observatii

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| Regim/<br>Gr. varsta | MICUL DEJUN<br>8 <sup>00</sup> -8 <sup>30</sup>          | GUSTARE<br>10 <sup>00</sup> -10 <sup>30</sup> | PRANZ<br>12 <sup>30</sup> -13 <sup>00</sup>                                  | GUSTARE<br>16 <sup>00</sup> -16 <sup>30</sup> | CINA<br>18 <sup>00</sup> -18 <sup>30</sup> | Nr<br>portii | Observatii                                                                                                                                                                                                                                                                                                                                                                                                       |
|----------------------|----------------------------------------------------------|-----------------------------------------------|------------------------------------------------------------------------------|-----------------------------------------------|--------------------------------------------|--------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Urticarie            | Ceai,paine, gem<br>250ml/40g                             | Mar copt<br>1 buc                             | Supa de legume/Paste<br>250ml/250g                                           | Compotasortat<br>250ml                        | Orez dietetic<br>250g                      |              | <p>*Preparatul este pe baza de legume (vegetarian, post)<br/> **Materia prima poate proveni din produse congelate<br/> ***Alergenii posibili sunt: cereale care contin gluten (Grau, secara, ovaz) si produse derivate;<br/> oua si produse derivate;<br/> lapte si produse derivate<br/> ****Alimentatia copilului 1 -3 ani exclude: mancarurile cpreparate din carne de porc, branzeturi sarate/fermentate</p> |
| LF                   | Ceai,paine,unt<br>250ml/20g                              | Lapte 250ml                                   | Supa de legumeOrez cu br.vaci<br>250ml/250g/50g                              | Iaurt 1 buc                                   | Lapte cu orez<br>250ml                     |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| LFVC                 | Ceai,paine,unt<br>250ml/20g                              | Lapte 250ml                                   | Supa legume /Pulpe pui la cuptor/Orez<br>250ml/150g/200g                     | Iaurt 1 buc                                   | Lapte cu orez<br>250ml                     |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| HLZ                  | Ceaiindulcit 250ml                                       | Lapte 250ml                                   | Supa de legume 250ml                                                         | Iaurt 1 buc                                   | Ceaiindulcit 250ml                         |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| HZ                   | Ceaiindulci 250ml                                        | Zeamacompot<br>250 ml                         | Supa de legume 250ml                                                         | Zeamacompot<br>250ml                          | Ceaiindulcit 250ml                         |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Hiperproteic         | Ceai,paine,omleta cu<br>branza 250ml/,100g               | Banane<br>1 buc                               | Supa crema de legume ,Paste cu carne<br>tocata ,250ml,250g,,100g             | Placinta cu<br>branza                         | Lapte cu orez,Pulpe de pui<br>250ml,100g   |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Enterita             | Ceai,paine,branza<br>vaci 250ml/100g                     | Banane<br>1 buc                               | Supa legume /Pulpe pui la cuptor/Paste<br>250ml/150g/250g                    | Sticks<br>1 buc                               | Cas ,Pulpe pui<br>100g,100g                |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Hepatic              | Ceai,paine,omleta cu<br>branza 250ml/,100g               | Banane<br>1 buc                               | Supa crema de legume ,Paste cu carne<br>tocata ,250ml,250g,100g              | Placinta cu<br>branza                         | Lapte cu orez<br>250ml                     |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Gastric              | Ceai,paine,omleta cu<br>branza 250ml/,100g               | Banane<br>1 buc                               | Supa crema de legume ,Paste cu pulpe de<br>pui 250ml,250g,100g               | Placinta cu<br>branza                         | Lapte cu orez<br>250ml                     |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Desodat              | Ceai,paine,omleta cu<br>branza 250ml/,100g               | Banane<br>1 buc                               | Supa crema de legume ,Paste cu carne<br>tocata , 250ml,250g,100g             | Placinta cu<br>branza                         | Lapte cu orez<br>250ml                     |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Cortizon             | Ceai,paine,omleta cu<br>branza 250ml/,100g               | Piept de pui<br>gratar,100g                   | Supa crema de legume ,Paste cu carne<br>tocata,,250ml,250g,100g              | Placinta cu<br>branza                         | Lapte cu orez,Pulpe de pui<br>250ml,100g   |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Diabet               | Lapte,unt,cascaval<br>250ml,20g,50g                      | Piept de pui<br>gratar,100g                   | Supa de legume,Fasole verde,Pulpe de<br>pui,250ml,200g,150g                  | Omleta<br>Mar,100g                            | Orez cu legume,200g<br>Pulpe de pui,150g   |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Hemodializa          | Cascaval,paine                                           | Iaurt 1 buc                                   | Pulpa de pui gratar, 150g Mar,1 buc                                          |                                               |                                            |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Mame NNP             | Ceai,paine,omleta cu<br>branza 250ml/,100g               | Banane<br>1 buc                               | Supa crema de legume ,Paste cu pulpe de<br>pui 250ml,250g,100g               | Placinta cu<br>branza                         | Lapte cu orez,Pulpe de pui<br>250ml,100g   |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Copii 1-3 ani        | Ceai,paine,omleta<br>branza 150ml/,100g                  | Banane<br>1 buc                               | Supa crema de legume ,Paste cu carne<br>tocata ,150ml,150g,100g              | Placinta cu<br>branza                         | Lapte cu orez<br>250ml                     |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Copii 3-18<br>ani    | Ceai,paine,omleta<br>cu sunca si cascaval<br>250ml,,100g | Banane<br>1 buc                               | Supa crema de legume ,Paste cu carne<br>tocata in sos rosu,,250ml,250 g,100g | Placinta cu<br>branza                         | Lapte cu orez<br>250ml                     |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Insotitori           | Ceai,paine,omleta<br>cu sunca si cascaval<br>250ml,,100g |                                               | Supa crema de legume ,Paste cu carne<br>tocata in sos rosu,,250ml,250 g,100g | -                                             | Lapte cu orez<br>250ml                     |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |

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De serviciu As.

# S I MENIUL ZILEI DE JOI 04./12./2025

Aprobat: Manager Aprobat:

Aprobat: Director medical

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04.12.2025

| Regim/<br>Gr. varsta | MICUL DEJUN<br>8 <sup>00</sup> -8 <sup>30</sup>            | GUSTARE<br>10 <sup>00</sup> -10 <sup>30</sup> | PRANZ<br>12 <sup>30</sup> -13 <sup>00</sup>                              | GUSTARE<br>16 <sup>00</sup> -16 <sup>30</sup> | CINA<br>18 <sup>00</sup> -18 <sup>30</sup> | Nr<br>portii | Observatii                                                                                                                                                                                                                                                                                                                                                                                                       |
|----------------------|------------------------------------------------------------|-----------------------------------------------|--------------------------------------------------------------------------|-----------------------------------------------|--------------------------------------------|--------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Urticarie            | Ceai,paine, gem<br>250ml/50g/40g                           | Mar copt<br>1buc                              | Supa de legume/Cartofi fierti<br>250ml/200g                              | Compotasortat<br>250ml                        | Orez dietetic<br>250g                      |              | <p>*Preparatul este pe baza de legume (vegetarian, post)<br/> **Materia prima poate proveni din produse congelate<br/> ***Alergenii posibili sunt: cereale care contin gluten (Grau, secara, ovaz) si produse derivate;<br/> oua si produse derivate;<br/> lapte si produse derivate<br/> ****Alimentatia copilului 1 -3 ani exclude: mancarurile cu preparate din carne de porc, branzeturi sarate/fermenta</p> |
| LF                   | Ceai,paine,unt<br>250ml/50g/20g                            | Lapte 250ml                                   | Supa de legumeOrez cu br.vaci<br>250ml/250g/50g                          | Iaurt 1 buc                                   | Lapte cu gris<br>250g                      |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| LFVC                 | Ceai,paine,unt<br>250ml/50g/20g                            | Lapte 250ml                                   | Supa legume /Pulpe pui la cuptor/Orez<br>250ml/150g/200g                 | Iaurt 1 buc                                   | Lapte cu gris<br>250g                      |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| HLZ                  | Ceaiindulcit 250ml                                         | Lapte 250ml                                   | Supa de legume 250ml                                                     | Iaurt1 buc                                    | Ceaiindulcit 250ml                         |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| HZ                   | Ceaiindulci 250ml                                          | Zeama compot<br>250 ml                        | Supa de legume 250ml                                                     | Zeama compot<br>250ml                         | Ceaiindulcit 250ml                         |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Hiperproteic         | Ceai ,paine ,cas,<br>unt,250ml,/100g/20g                   | Sana<br>1 buc                                 | Supa de legume ,Pulpe de pui la<br>cuptor,Orez cu legume,250ml,100g,200g | Biscuiti<br>Belvita 50g                       | Lapte cu gris,Pulpe de pui<br>250g,100g    |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Enterita             | Ceai,pesmet,cas<br>250ml/100g                              | Sticks<br>1 buc                               | Supa legume /Pulpe pui la cuptor/Orez<br>250ml/150g/250g                 | Grisne<br>1 buc                               | Paste cu br de vaci<br>250g                |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Hepatic              | Ceai ,paine ,cas<br>gem,250ml,/100g/20                     | Sana<br>1 buc                                 | Supa de legume ,Pulpe de pui la<br>cuptor,Orez cu legume,250ml,100g,200g | Biscuiti<br>Belvita 50g                       | Lapte cu gris<br>250g                      |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Gastric              | Ceai ,paine ,cas,<br>unt,250ml,/100g/10g                   | Sana<br>1 buc                                 | Supa de legume ,Pulpe de pui la<br>cuptor,Orez cu legume,250ml,100g,200g | Grisne<br>1 buc                               | Lapte cu gris<br>250g                      |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Desodat              | Ceai ,paine ,cas<br>gem,250ml,/100g/20                     | Sana<br>1 buc                                 | Supa de legume ,Pulpe de pui la<br>cuptor,Orez cu legume,250ml,100g,200g | Biscuiti<br>Belvita 50g                       | Lapte cu gris<br>250g                      |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Cortizon             | Ceai ,paine ,cas,gem<br>250ml,/100g,20g                    | Piept de pui<br>100g                          | Supa de legume ,Pulpe de pui la<br>cuptor,Orez cu legume,250ml,100g,200g | Biscuiti<br>Belvita 50g                       | Lapte cu gris,Pulpe de pui<br>250g,100g    |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Diabet               | Lapte ,unt,cas<br>250ml,50g,20g                            | Pieptgratar,<br>Mar                           | Ciorba de legume,Chiftele ,Orez cu<br>legume,250ml,100g,250g             | Cascaval<br>Mar,100g                          | Salata orientala,Pulpe de pui<br>200g,150g |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Mame NNP             | Ceai ,paine ,cas,<br>unt,250ml,/100g/20g                   | Sana<br>1 buc                                 | Supa de legume ,Pulpe de pui la<br>cuptor,Orez cu legume,250ml,100g,200g | Grisne<br>1 buc                               | Lapte cu gris,Pulpe de pui<br>250g,100g    |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Copii 1-3 ani        | Ceai ,paine ,cas,<br>unt,150ml,/50g/10g                    | Iaurt<br>1 buc                                | Supa de legume ,Chiftele la cuptor,Orez<br>cu legume,150ml,100g,150g     | Biscuiti<br>Belvita 50g                       | Lapte cu gris<br>150g                      |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Copii 3-18 ani       | Ceai,paine,telemea<br>unt,rosii,250ml/100g<br>,20g,50g     | Sana<br>1 buc                                 | Ciorba de pipote , Chiftele marinate ,Orez<br>cu legume, 250ml,100g,250g | Biscuiti<br>Belvita 50g                       | Salata orientala,<br>250g                  |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Insotitori           | Ceai,paine,telemea<br>unt,castraveti<br>250ml/100g,20g,50g | -                                             | Ciorba de pipote , Chiftele marinate ,Orez<br>cu legume, 250ml,100g,250g |                                               | Salata orientala<br>250g                   |              |                                                                                                                                                                                                                                                                                                                                                                                                                  |

Aprobat: Sefse

Aprobat

De service.As.....

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24-26

\*Preparatul este pe baza de legume (vegetarian, post)  
\*\*Materia prima poate proveni din produse congelate  
\*\*\*Alergenii posibili sunt: cereale care contin gluten (Grau, secara, ovaz) si produse derivate;  
oua si produse derivate;  
lapte si produse derivate  
\*\*\*\*Alimentatia copilului 1 -3 ani exclude: mancarurile preparate din carne de porc,branzeturi sarate/fermentate

| Regim/<br>Gr. varsta | MICUL DEJUN<br>8 <sup>00</sup> -8 <sup>30</sup> | GUSTARE<br>10 <sup>00</sup> -10 <sup>30</sup> | PRANZ<br>12 <sup>30</sup> -13 <sup>00</sup>                             | GUSTARE<br>16 <sup>00</sup> -16 <sup>30</sup> | GUSTARE<br>18 <sup>00</sup> -18 <sup>30</sup> | Nr<br>portii |
|----------------------|-------------------------------------------------|-----------------------------------------------|-------------------------------------------------------------------------|-----------------------------------------------|-----------------------------------------------|--------------|
| Urticarie            | Ceai,paine, gem<br>250ml/50g/40g                | Mar copt<br>1 buc                             | Supa de legume/Orez dietetic<br>250ml/250g                              | Compotasortat<br>250ml                        | Cartofifierti<br>250g                         |              |
| LF                   | Ceai,paine,unt<br>250ml/50g/20g                 | Lapte 250ml                                   | Supa de legumeOrez cu br.vaci<br>250ml/250g/50g                         | Iaurt 1 buc                                   | Paste cu legume<br>250g                       |              |
| LFVC                 | Ceai,paine,unt<br>250ml/50g/20g                 | Lapte 250ml                                   | Supa legume /Pulpe pui la cuptor/Orez<br>250ml/150g/200g                | Iaurt 1 buc                                   | Paste cu legume<br>250g                       |              |
| HLZ                  | Ceaiindulcit 250ml                              | Lapte 250ml                                   | Supa de legume 250ml                                                    | Iaurt1 buc                                    | Ceaiindulcit 250ml                            |              |
| HZ                   | Ceaiindulci 250ml                               | Zeamacompot<br>250 ml                         | Supa de legume 250ml                                                    | Zeamacompot<br>250ml                          | Ceaiindulcit 250ml                            |              |
| Hiperproteic         | Ceai ,paine ,cas,unt<br>250ml,100g,20g          | Banane<br>1 buc                               | Supa de perisoare ,Broccoli gratinat cu<br>pulpe de pui,250ml/250g/150g | Branza vaci<br>100g                           | Paste cu legume,Pulpe de pui<br>250g,100g     |              |
| Enterita             | Ceai,pesmet,telemea<br>250ml100g                | Banane<br>1 buc                               | Supa legume /Pulpe de pui cuburi /Orez<br>250ml/150g/250g               | Branza vaci<br>100g                           | Paste cu branza de vaci<br>250g               |              |
| Hepatic              | Ceai ,paine ,cas,gem<br>250ml,100g,20g          | Banane<br>1 buc                               | Supa de perisoare ,Broccoli gratinat cu<br>pulpe de pui,250ml/250g/150g | Branza vaci<br>100g                           | Paste cu legume<br>250g                       |              |
| Gastric              | Ceai ,paine ,cas,unt<br>250ml,100g,20g          | Banane<br>1 buc                               | Supa de perisoare ,Orez cu legume cu<br>pulpe de pui 250ml/250g/150g    | Branza vaci<br>100g                           | Paste cu legume<br>250g                       |              |
| Desodat              | Ceai ,paine ,cas,gem<br>250ml,100g,20g          | Banane<br>1 buc                               | Supa de perisoare ,Broccoli gratinat cu<br>pulpe de pui,250ml/250g/150g | Branza vaci<br>100g                           | Paste cu legume<br>250g                       |              |
| Cortizon             | Ceai ,paine ,cas,gem<br>250ml,100g,20g          | Piept pui<br>Gratar 100g                      | Supa de perisoare ,Broccoli gratinat cu<br>pulpe de pui,250ml/250g/150g | Branza vaci<br>100g                           | Paste cu legume,Pulpe de pui<br>250g,100g     |              |
| Diabet               | Lapte,unt,cas<br>250ml,20g,50g                  | Piept de pui<br>gratar,mar                    | Ciorba de perisoare,Pulpe de pui,Orez cu<br>legume „250ml,150g,200g.]   | Ou fiert<br>mar,100g                          | Piure de cartofi ,Pulpe de pui<br>250g,150g   |              |
| Hemodializa          | Cacaval,paine                                   | Iaurt 1 buc                                   | Pulpa de pui gratar,150g,mar, 1 buc                                     |                                               |                                               |              |
| Mame NNP             | Ceai ,paine ,cas,unt<br>250ml,100g,20g          | Banane<br>1 buc                               | Supa de perisoare ,Orez cu legume cu<br>pulpe de pui 250ml/250g/150g    | Branza vaci<br>100g                           | Paste cu legume,Pulpe de pui<br>250g,100g     |              |
| Copii 1-3 ani        | Ceai ,paine ,br vaci<br>150ml,80g               | Banane<br>1 buc                               | Supa de perisoare ,Broccoli gratinat cu<br>pulpe de pui,150ml/150g/100g | Branza de vaci<br>100g                        | Paste cu legume<br>150g                       |              |
| Copii 3-18<br>ani    | Ceai ,paine,crenvusti<br>250ml,2 b,mustar       | Banane<br>1 buc                               | Ciorba de perisoare ,Conopida gratinata<br>250g,250g,Pulpe pui,150g     | Branza de vaci<br>100g                        | Paste cu ciuperci in sos rosu<br>250g         |              |
| Insotitori           | Ceai ,paine,crenvusti<br>250ml,2 b,mustar       | -                                             | Ciorba de perisoare,Conopida gratinata<br>250g,250g,Pulpe pui,150g      |                                               | Paste cu ciuperci in sos rosu<br>250g         |              |

INTOCMIT: Aprobata de [redacted] Asistent sef sectie RL alimentar Aprobata de [redacted] De service.As.....

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# S I MENIUL ZILEI DE SAMBATA 06./12./2025

Aprobat : Manager Aprobat: Director medical

| Regim/<br>Gr. varsta | MICUL DEJUN<br>8 <sup>00</sup> -8 <sup>30</sup> | GUSTARE<br>10 <sup>00</sup> -10 <sup>30</sup> | PRANZ<br>12 <sup>30</sup> -13 <sup>00</sup>                                      | GUSTARE<br>16 <sup>00</sup> -16 <sup>30</sup> | CINA<br>18 <sup>00</sup> -18 <sup>30</sup>          | Nr<br>portii | Observatii                                                                                                                                                                                                                                                                                                                                                                                                        |
|----------------------|-------------------------------------------------|-----------------------------------------------|----------------------------------------------------------------------------------|-----------------------------------------------|-----------------------------------------------------|--------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Urticarie            | Ceai,paine, gem<br>250ml/40g                    | Mar copt<br>1 buc                             | Supa de legume/Cartofi fierti<br>250ml/200g                                      | Compotasortat<br>250ml                        | Orez dietetic<br>250g                               |              | <p>*Preparatul este pe baza de legume (vegetarian, post)<br/> **Materia prima poate proveni din produse congelate<br/> *** Alergenii posibili sunt: cereale care contin gluten (Grau, secara, ovaz) si produse derivate;<br/> oua si produse derivate<br/> lapte si produse derivate<br/> **** Alimentatia copilului 1 -3 ani exclude: mancarurile preparate din carne de porc , branzeturi sarate/fermentate</p> |
| LF                   | Ceai,paine,unt<br>250ml/20g                     | Lapte 250ml                                   | Supa de legumeOrez cu br.vaci<br>250ml/250g/50g                                  | Iaurt1 buc                                    | Mamaliga,branza. vaci<br>200g,100g                  |              |                                                                                                                                                                                                                                                                                                                                                                                                                   |
| LFVC                 | Ceai,paine,unt<br>250ml/20g                     | Lapte 250ml                                   | Supa legume /Pulpe pui la cuptor/Orez<br>250ml/150g/250g                         | Iaurt1 buc                                    | Mamaliga,branza. vaci<br>200g,100g                  |              |                                                                                                                                                                                                                                                                                                                                                                                                                   |
| HLZ                  | Ceaiindulcit 250ml                              | Lapte 250ml                                   | Supa de legume 250ml                                                             | Iaurt 1 buc                                   | Ceaiindulcit 250ml                                  |              |                                                                                                                                                                                                                                                                                                                                                                                                                   |
| HZ                   | Ceaiindulci 250ml                               | Zeama compot<br>250 ml                        | Supa de legume 250ml                                                             | Zeama compot<br>250ml                         | Ceaiindulcit 250ml                                  |              |                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Hiperproteic         | Lapte cu paste<br>250g                          | Banane<br>1 buc                               | Supade pui,Ficatei la cuptor ,Orez cu<br>legume,250ml,120g,250g                  | Biscuiti<br>Belvita 50g                       | Mamaliga,branza fagaras<br>200g,200g,Pulpe pui,100g |              |                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Enterita             | Ceai,pesmet,cas<br>250ml/100g                   | Banane<br>1 buc                               | Supa legume /Pulpe pui la cuptor/Orez<br>250ml/150g/250g                         | Grisine<br>1 buc                              | Paste cu branza de vaci<br>250g                     |              |                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Hepatic              | Lapte cu paste<br>250g                          | Banane<br>1 buc                               | Supade pui,Ficatei la cuptor ,Orez cu<br>legume,250ml,120g,250g                  | Biscuiti<br>Belvita 50g                       | Mamaliga,branza. fagaras<br>200g,200g               |              |                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Gastric              | Lapte cu paste<br>250g                          | Banane<br>1 buc                               | Supade pui,Ficatei la cuptor ,Orez cu<br>legume,250ml,120g,250g                  | Grisine<br>1 buc                              | Mamaliga,branza de vaci<br>ou posat,200g,100g       |              |                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Desodat              | Lapte cu paste<br>250g                          | Banane<br>1 buc                               | Supade pui,Ficatei la cuptor ,Orez cu<br>legume,250ml,120g,250g                  | Biscuiti<br>Belvita 50g                       | Mamaliga,branza. fagaras<br>200g,200g               |              |                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Diabet               | Lapte ,unt,cascaval<br>250ml,20g,50g            | Pulpe pui<br>gratar,mar                       | Ciorba de pui,Ficatei de pui,Orez cu<br>legume,250ml,120g,200g                   | Ou fiert<br>Mar,100g                          | Mamaliga ,branza fagara<br>Pulpe pui,200g,200g.100g |              |                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Cortizon             | Lapte cu paste<br>250g                          | Pulpe de pui<br>Gratar 150g                   | Supade pui,Ficatei la cuptor ,Orez cu<br>legume,250ml,120g,250g                  | Biscuiti<br>Belvita 50g                       | Mamaliga,branza fagaras<br>200g,200g,Pulpe pui,150g |              |                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Mame NNP             | Lapte cu paste<br>250g                          | Banane<br>1 buc                               | Supade pui,Ficatei la cuptor ,Orez cu<br>legume,250ml,120g,250g                  | Grisine<br>1 buc                              | Mamaliga,branza fagaras<br>200g,200g,Pulpe pui,100g |              |                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Copii 1-3 ani        | Lapte cu paste<br>150g                          | Banane<br>1 buc                               | Supa de pui,Ficatei la cuptor ,Orez cu<br>legume,150ml,100g,150g                 | Biscuiti<br>Belvita 50g                       | Mamaliga,branza. fagaras<br>150g,150g               |              |                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Copii 3-18 ani       | Lapte cu cacao,unt,<br>gem,250ml,20,40g         | Banane<br>1 buc                               | Ciorba de pui,Ficatei cu sos ,Orez cu<br>legume,salata sfecla,250ml,120,250g100, | Biscuiti<br>Belvita 50g                       | Mamaliga ,telemea,smantana<br>200g,100g,50g         |              |                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Insotitori           | Lapte cu cacao,unt,<br>gem,250ml,20,40g         | -                                             | Ciorba de pui,Ficatei cu sos ,Orez cu<br>legume,salata sfecla,250ml,120g250g100, | -                                             | Mamaliga ,telemea,smantana<br>200g,100g,50g         |              |                                                                                                                                                                                                                                                                                                                                                                                                                   |

AprobatAs

probat: Sefsectia B1 alimentara

rAprobat: Asistentefsectie B1 alimentara

De service.As.....

COD  
Asistent  
Nutr

GL 004043

MATEESCU  
Asistent  
GRAD PR  
Sef um

# S I MENIUL ZILEI DE DUMINICA 07./12./2025

Aprobat :ManagerAprobat:Director e

Aprobat: Director m

Cod B02426

| Regim/<br>Gr. varsta | MICUL DEJUN<br>8 <sup>00</sup> -8 <sup>30</sup> | GUSTARE<br>10 <sup>00</sup> -10 <sup>30</sup> | PRANZ<br>12 <sup>30</sup> -13 <sup>00</sup>                                        | GUSTARE<br>16 <sup>00</sup> -16 <sup>30</sup> | INA<br>18 <sup>00</sup> -18 <sup>30</sup> | Nr<br>portii | Observatii                                                                                                                                                                                                                                                                                                                                                                                                         |
|----------------------|-------------------------------------------------|-----------------------------------------------|------------------------------------------------------------------------------------|-----------------------------------------------|-------------------------------------------|--------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Urticarie            | Ceai,paine, gem<br>250ml/40g                    | Mar copt<br>1 buc                             | Supa de legume/Cartofi fierti<br>250ml/250g                                        | Compotasortat<br>250ml                        | Paste fierte<br>250g                      |              | <p>*Preparatul este pe baza de legume (vegetarian, post)<br/> **Materia prima poate proveni din produse congelate<br/> ***Alergenii posibili sunt: cereale care contin gluten (Grau, secara, ovaz) si produse derivate;<br/> oua si produse derivate;<br/> lapte si produse derivate<br/> **** Alimentatia copilului 1 -3 ani exclude: mancarurile cu preparate din carne de porc,branzeturi sarate/fermentate</p> |
| LF                   | Ceai,paine,unt,branza<br>de vaci 250ml/20g,50   | Lapte 250ml                                   | Supa de legumeOrez cu br.vaci<br>250ml/250g/50g                                    | Iaurt 1 buc                                   | Orez cu lapte<br>250 g                    |              |                                                                                                                                                                                                                                                                                                                                                                                                                    |
| LFVC                 | Ceai,paine,unt,branza<br>de vaci 250ml/20g,50   | Lapte 250ml                                   | Supa legume /Pulpe pui la cuptor/Orez<br>250ml/100g/250g                           | Iaurt 1 buc                                   | Orez cu lapte<br>250 g                    |              |                                                                                                                                                                                                                                                                                                                                                                                                                    |
| HLZ                  | Ceaiindulcit 250ml                              | Lapte 250ml                                   | Supa de legume 250ml                                                               | Iaurt1 buv                                    | Ceaiindulcit 250ml                        |              |                                                                                                                                                                                                                                                                                                                                                                                                                    |
| HZ                   | Ceaiindulci 250ml                               | Zeamacompot<br>250 ml                         | Supa de legume 250ml                                                               | Zeamacompot<br>250ml                          | Ceaiindulcit 250ml                        |              |                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Hiperproteic         | Ceai,paine,br.vaci,<br>unt, 250ml,100g,20g      | Banane<br>1 buc                               | Supa de legume cu turnatei ,Piure de<br>cartofi cu pulpe de pui,250g,250g,150g     | Biscuiti<br>1 buc                             | Orez cu lapte Pulpe de pui<br>200 g,150g  |              |                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Enterita             | Ceai,pesmet,brvaci<br>250ml/100g                | Banane<br>1 buc                               | Supa legume /Pulpe pui la cuptor/Orez<br>250ml/150g/250g                           | Grisine<br>1 buc                              | Pulpe de pui,telemea<br>100g,100g         |              |                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Hepatic              | Ceai,paine,br.vaci,<br>gem 250ml,100g,40g       | Banane<br>1 buc                               | Supa de legume cu turnatei ,Piure de<br>cartofi cu pulpe de pui,250g,250g,150g     | Biscuiti<br>1 buc                             | Orez cu lapte<br>250 g                    |              |                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Gastric              | Ceai,paine,br.vaci,<br>unt, 250ml,100g,20g      | Banane<br>1 buc                               | Supa de legume cu turnatei ,Piure de<br>cartofi cu pulpe de pui,250g,250g,150g     | Biscuiti<br>1 buc                             | Orez cu lapte<br>250 g                    |              |                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Desodat              | Ceai,paine,br.vaci,<br>gem 250ml,100g,40g       | Banane<br>1 buc                               | Supa de legume cu turnatei ,Piure de<br>cartofi cu pulpe de pui,250g,250g,150g     | Biscuiti<br>1 buc                             | Orez cu lapte<br>250 g                    |              |                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Diabet               | Lapte,cas,unt<br>250ml,50g,20g                  | Pulpegratarma<br>r,100g                       | Ciorba cu turnatei,,Pulpe pui<br>250ml,200g,150g                                   | Cascaval<br>Mar,100g                          | Orez cu legume,200g<br>Pulpe pui,150g     |              |                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Cortizon             | Ceai,paine,br.vaci,<br>250ml,100g               | Pulpa de pui<br>gratar150g                    | Supa de legume cu turnatei ,Piure de<br>cartofi cu pulpe de pui,250g,250g,150g     | Biscuiti<br>1 buc                             | Orez cu lapte Pulpe de pui<br>200 g,150g  |              |                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Mame NNP             | Ceai,paine,br.vaci,<br>unt, 250ml,100g,20g      | Banane<br>1 buc                               | Supa de legume cu turnatei ,Piure de<br>cartofi cu pulpe de pui,250g,250g,150g     | Biscuiti<br>1 buc                             | Orez cu lapte Pulpe de pui<br>200 g,150g  |              |                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Copii 1-3 ani        | Ceai,paine,br.vaci,<br>unt, 150ml,50g,10g       | Banane<br>1 buc                               | Supa de legume cu turnatei,,Piure de<br>cartofi cu pulpe de pui,150g,150g,100g     | Biscuiti<br>1 buc                             | Orez cu lapte<br>150 g                    |              |                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Copii 3-18 ani       | Ceai,paine,sunca,cas<br>250m,50g,50g            | Banane<br>1 buc                               | Ciorba de legume cu turnatei ,Mancare de<br>varza cu carne de porc ,250g,250g,100g | Biscuiti<br>1 buc                             | Orez cu ciuperci<br>250g                  |              |                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Insotitori           | Ceai,paine,cas,br<br>tonita250m50g,2 buc        | -                                             | Ciorba de legume cu turnatei ,Mancare de<br>varza cu carne de porc,250g,250g,100g  | -                                             | Orez cu ciuperci<br>250g                  |              |                                                                                                                                                                                                                                                                                                                                                                                                                    |

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Nutritie  
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Aprobat: Sefsectie BI alimentara

Aprobat: Asistentefsectie BI alimentara De service.As....