

| Regim/<br>Gr. varsta | MICUL DEJUN<br>8 <sup>00</sup> -8 <sup>30</sup>      | GUSTARE<br>10 <sup>00</sup> -10 <sup>30</sup> | PRANZ<br>12 <sup>30</sup> -1 <sup>30</sup>                                          | GUSTARE<br>16 <sup>00</sup> -16 <sup>30</sup> | CINA<br>18 <sup>00</sup> -18 <sup>30</sup>                   | Nr<br>portii | Observatii                                                                                                                                                                                                                                                                                                                                                                                                            |
|----------------------|------------------------------------------------------|-----------------------------------------------|-------------------------------------------------------------------------------------|-----------------------------------------------|--------------------------------------------------------------|--------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Urticarie            | Ceai,paine, gem<br>250ml/40g                         | Mar copt<br>1 buc                             | Supa de legume/Cartofi fierți<br>250ml/200g                                         | Compotasortat<br>250ml                        | Orezalb 250g                                                 |              | <p>*Preparatul este pe baza de legume (vegetarian, post)</p> <p>**Materia prima poate proveni din produse congelate</p> <p>***Alergenii posibili sunt: cereale care contin gluten (Grau, secara, ovaz) si produse derivate;<br/>oua si produse derivate;<br/>lapte si produse derivate</p> <p>****Alimentatia copilului 1 -3 ani exclude: mancarurile cu preparate din carne de porc,branzeturi sarate/fermentate</p> |
| LF                   | Ceai,paine,unt<br>250ml/20g                          | Lapte 250ml                                   | Supa de legumeOrez cu br.vaci<br>250ml/250g/50g                                     | Iaurt 1 buc                                   | Paste cu branz<a de vaci<br>250g                             |              |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| LFVC                 | Ceai,paine,unt<br>250ml/20g                          | Lapte 250ml                                   | Supa legume /Pulpe pui la cuptor/Orez<br>250ml/150g/200g                            | Iaurt 1 buc                                   | Paste cu branz<a de vaci<br>250g                             |              |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| HLZ                  | Ceaiindulcit 250ml                                   | Lapte 250ml                                   | Supa de legume 250ml                                                                | Iaurt 1 buc                                   | Ceaiindulcit 250ml                                           |              |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| HZ                   | Ceaiindulci 250ml                                    | Zeama compot<br>250 ml                        | Supa de legume 250ml                                                                | Zeama compot<br>250ml                         | Ceaiindulcit 250ml                                           |              |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Hiperproteic         | Ceai,paine,crema de<br>branza,gem,100g,20g           | Clementine<br>1 buc                           | Supa cu galuste ,Pulpe de pui la cuptor,<br>Piure de cartofi ,250ml,150g,250g,      | Biscuiti<br>1 buc                             | Mamaliga cu margele de branza<br>pulpe de pui,200g,180g,150g |              |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Enterita             | Ceai,pesmet,cas<br>250ml/100g                        | Sticksuri<br>1 buc                            | Supa legume /Pulpe pui la cuptor/Orez<br>250ml/150g/250g                            | Grisine<br>1 buc                              | Paste cu branza de vaci<br>250g                              |              |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Hepatic              | Ceai,paine,crema de<br>branza,gem,100g,20g           | Clementine<br>1 buc                           | Supa cu galuste ,Pulpe de pui la cuptor,<br>Piure de cartofi ,250ml,150g,250g,      | Biscuiti<br>1 buc                             | Mamaliga cu margele de branza<br>200g,180g                   |              |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Gastric              | Ceai,paine,cas<br>Unt,250ml,100g,20g                 | Mar copt<br>1 buc                             | Supa cu galuste ,Pulpe de pui la cuptor,<br>Piure de cartofi ,250ml,150g,250g,      | Biscuiti<br>1 buc                             | Mamaliga ,branza de vaci,ou<br>Posat,200g,1 buc,1 buc        |              |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Desodat              | Ceai,paine,crema de<br>branza,gem100g,20g            | Clementine<br>1 buc                           | Supa cu galuste ,Pulpe de pui la cuptor,<br>Piure de cartofi ,250ml,150g,250g,      | Biscuiti<br>1 buc                             | Mamaliga cu margele de branza<br>200g,180g                   |              |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Cortizon             | Ceai,paine,brvaci<br>gem,250ml,100g,20               | Piept de pui<br>100g                          | Supa cu galuste ,Pulpe de pui la cuptor,<br>Piure de cartofi ,250ml,150g,250g,      | Biscuiti<br>1 buc                             | Mamaliga cu margele de branza<br>pulpe de pui,200g,180g,150g |              |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Diabet               | Lapte ,cas,unt<br>250ml,50g,20g                      | Piept de pui<br>100g, mar,100                 | Ciorba de legume,Pulpe de pui piure de<br>cartofi,250ml,150g,200g                   | Cascaval<br>Mar,100g                          | Mamaliga cu margele de branza<br>pulpe de pui,200g,180g,150g |              |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Mame NNP             | Ceai,paine,casunt100<br>g,20g                        | Mar copt<br>1 buc                             | Supa cu galuste ,Pulpe de pui la cuptor,<br>Piure de cartofi ,250ml,150g,250g,      | Biscuiti<br>1 buc                             | Mamaliga cu margele de branza<br>pulpe de pui180g,1 buc,100g |              |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Copii 1-3 ani        | Ceai,paine,branza<br>vacii,150ml,50g                 | Clementine<br>1 buc                           | Supa cu galuste ,Pulpe de pui fierte cu<br>piure de cartofi ,150ml,100g,150g,       | Biscuiti<br>1 buc                             | Mamaliga cu margele de branza<br>150g,180g                   |              |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Copii 3-18<br>ani    | Ceai,paine,crema de<br>branza,unt,250ml,<br>100g,20g | Clementine<br>1 buc                           | Ciorba de legume,Snitel de pui ,Piure de<br>cartofi , 250ml,100g,250g,Salata sfecla | Biscuiti<br>1 buc                             | Mamaliga,smantana,telemea<br>200g,50g,100g                   |              |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Insotitori           | Ceai,paine,pate ficat<br>250ml,120g                  | -                                             | Ciorba de legume,Pulpe de pui piure de<br>cartofi ,250ml,100g,250g,Salata sfecla    | -                                             | Mamaliga,smantana,telemea<br>200g,50g,100g                   |              |                                                                                                                                                                                                                                                                                                                                                                                                                       |

Aprobat: Asistent sef spital

Aprobat: Sef

Aprobat: Asistent sef sectie Bl alimentar

De service As

S I MENIUL ZILEI MARTI 17/02/2026

Aprobat: M. [redacted] Aprobata: Director economic [redacted]

Aprobat: Director medical [redacted]

| Regim/<br>Gr. varsta | MICUL DEJUN<br>8 <sup>00</sup> -8 <sup>30</sup>                  | GUSTARE<br>10 <sup>00</sup> -10 <sup>30</sup> | PRANZ<br>12 <sup>30</sup> -13 <sup>00</sup>                                                    | GUSTARE<br>16 <sup>00</sup> -16 <sup>30</sup> | CINA<br>18 <sup>00</sup> -18 <sup>30</sup>                | Nr<br>portii | Observatii                                                                                                                                                                                                                                                                                                                                                                                                      |
|----------------------|------------------------------------------------------------------|-----------------------------------------------|------------------------------------------------------------------------------------------------|-----------------------------------------------|-----------------------------------------------------------|--------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Urticarie            | Ceai,paine, gem<br>250ml//40g                                    | Mar copt<br>1 buc                             | Supa de legume/Caroti fierii<br>250ml/250g                                                     | Compotasortat<br>250ml                        | Paste fierte<br>250g                                      |              | <p>*Preparatul este pe baza de legume (vegetarian, post)<br/> **Materia prima poate proveni din produse congelate<br/> ***Alergenii posibili sunt: cereale care contin gluten (Grau, secara, ovaz) si produse derivate;<br/> oua si produse derivate;<br/> lapte si produse derivate<br/> **** Alimentatia copilului 1 -3 ani exclude:mancarurile preparate din carne de porc, branzeturi sarate/fermentate</p> |
| LF                   | Ceai,paine,unt<br>250ml/20g                                      | Lapte 250ml                                   | Supa de legume/Orez cu br.vaci<br>250ml/250g                                                   | Iaurt 1 buc                                   | Paste cu branza de vaci<br>250g                           |              |                                                                                                                                                                                                                                                                                                                                                                                                                 |
| LFVC                 | Ceai,paine,unt<br>250ml//20g                                     | Lapte 250ml                                   | Supa legume /Pulpe pui la cuptor/Orez<br>250ml/100g/250g                                       | Iaurt 1 buc                                   | Paste cu branza de vaci<br>200g                           |              |                                                                                                                                                                                                                                                                                                                                                                                                                 |
| HLZ                  | Ceaiindulcit 250ml                                               | Lapte 250ml                                   | Supa de legume 250ml                                                                           | Iaurt 1 buc                                   | Ceaiindulcit 250ml                                        |              |                                                                                                                                                                                                                                                                                                                                                                                                                 |
| HZ                   | Ceaiindulci 250ml                                                | Zeama compot<br>250 ml                        | Supa de legume 250ml                                                                           | Zeama compot<br>250ml                         | Ceaiindulcit 250ml                                        |              |                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Hiperproteic         | Ceai ,paine,ou,unt<br>250ml,1 buc,20g                            | Banane<br>1 buc                               | Supa cu taietei de casa/Ciulama de pui<br>250ml,m200g,150g                                     | Biscuiti<br>belvita                           | Budince de paste cu branza de vaci 250g,pulpe de pui,150g |              |                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Enterita             | Ceai,paine,br.vaci<br>250ml/100g                                 | Banane<br>1 buc                               | Supa de legume /Pulpe pui la cuptor/Orez<br>250ml/150g/250g                                    | Grisine<br>1 buc                              | Paste cu branza de vaci<br>250g                           |              |                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Hepatic              | Ceai ,paine,ou,unt<br>250ml,1 buc,20g                            | Banane<br>1 buc                               | Supa cu taietei de casa/Ciulama de pui<br>250ml,m200g,150g                                     | Biscuiti<br>belvita                           | Budince de paste cu branza de vaci 250g                   |              |                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Gastric              | Ceai ,paine,ou,unt<br>250ml,1 buc,20g                            | Banane<br>1 buc                               | Supa cu taietei de casa /Orez cu pulpe de pui,250ml,250g,150g.                                 | Grisine<br>1 buc                              | Budince de paste cu branza de vaci 250g                   |              |                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Desodat              | Ceai ,paine,ou,unt<br>250ml,1 buc,20g                            | Banane<br>1 buc                               | Supa cu taietei de casa/Ciulama de pui<br>250ml,m200g,150g                                     | Biscuiti<br>belvita                           | Budince de paste cu branza de vaci 250g                   |              |                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Cortizon             | Ceai ,paine,ou,unt<br>250ml,1 buc,20g                            | Banane<br>1 buc                               | Supa cu taietei de casa/Ciulama de pui<br>250ml,m200g,150g                                     | Biscuiti<br>belvita                           | Budince de paste cu branza de vaci 250g,pulpe de pui,150g |              |                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Diabet               | Lapte ,cascaval,unt<br>250ml,50g,20g                             | Pulpagratat,<br>Mar,100                       | Supa cu taietei de casa,,Orez cu legume,Pulpa de pui,250ml,250g,150g                           | Ou fiert,1buc<br>mar,100g                     | Piure de cartofi ,250g<br>Pulpe de pui,150g               |              |                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Hemodializa          | Cascaval,paine                                                   | Mar 1 buc                                     | Gratar pulpa de pui,Mar,150g,1 buc                                                             |                                               |                                                           |              |                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Mame NNP             | Ceai ,paine,ou,unt<br>250ml,1 buc,20g                            | Banane<br>1 buc                               | Supa cu taietei de casa /Orez cu pulpe de pui,250ml,250g,150g.                                 | Grisine<br>1 buc                              | Budince de paste cu branza de vaci 250g,pulpe de pui,150g |              |                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Copii 1-3 ani        | Ceai ,paine,ou,unt<br>150ml,1 buc,20g                            | Banane<br>1 buc                               | Supa cu taietei de casa/Ciulama de pui<br>150ml,150g,100g                                      | Biscuiti<br>belvita                           | Budince de paste cu branza de vaci 150g                   |              |                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Copii 3-18 ani       | Ceai,paine,cascaval<br>unt,ou,rosii chery<br>250ml/50g,10g,1,50g | Banane<br>1 buc                               | Ciorba cu taietei de casa.Tocanita de legume cu carne de vita,mamaliga<br>250ml,250g,100g,200g | Biscuiti<br>belvita                           | Budince de paste cu branza de vaci 250g                   |              |                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Insotitori           | Ceai,paine,cascaval<br>unt,ou,castraveti<br>250ml,50g,20g,1,50g  | -                                             | Ciorba cu taietei de casa.Tocanita de legume cu carne de vita,mamaliga<br>250ml,250g,100g,200g | -                                             | Budince de paste cu branza de vaci 250g                   |              |                                                                                                                                                                                                                                                                                                                                                                                                                 |

CODUL

Asistent

Nutritiv

Aprobat As sef spital

Aprobat [redacted] [redacted]

Aprobat As sef spital

Deserviciu....

| Regim/<br>Gr. varsta | MICUL DEJUN<br>8 <sup>00</sup> -8 <sup>30</sup>          | GUSTARE<br>10 <sup>00</sup> -10 <sup>30</sup> | PRANZ<br>12 <sup>30</sup> -13 <sup>00</sup>                                  | GUSTARE<br>16 <sup>00</sup> -16 <sup>30</sup> | CINA<br>18 <sup>00</sup> -18 <sup>30</sup> | Nr<br>portii | Observatii                                                                                                                                                                                                                                                                                                                                                                                          |
|----------------------|----------------------------------------------------------|-----------------------------------------------|------------------------------------------------------------------------------|-----------------------------------------------|--------------------------------------------|--------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Urticarie            | Ceai,paine, gem<br>250ml/40g                             | Mar copt<br>1 buc                             | Supa de legume/Paste<br>250ml/250g                                           | Compotasortat<br>250ml                        | Orez dietetic<br>250g                      |              | * Preparatul este pe baza de legume (vegetarian, post)<br>** Materia prima poate proveni din produse congelate<br>*** Alergenii posibili sunt: cereale care contin gluten (Grau, secara, ovaz) si produse derivate;<br>oua si produse derivate;<br>lapte si produse derivate<br>**** Alimentatia copilului 1 -3 ani exclude: mancarurile cpreparate din carne de porc, branzeturi sarate/fermentate |
| LF                   | Ceai,paine,unt<br>250ml/20g                              | Lapte 250ml                                   | Supa de legumeOrez cu br.vaci<br>250ml/250g/50g                              | Iaurt 1 buc                                   | Lapte cu orez<br>250ml                     |              |                                                                                                                                                                                                                                                                                                                                                                                                     |
| LFVC                 | Ceai,paine,unt<br>250ml//20g                             | Lapte 250ml                                   | Supa legume /Pulpe pui la cuptor/Orez<br>250ml/150g/200g                     | Iaurt 1 buc                                   | Lapte cu orez<br>250ml                     |              |                                                                                                                                                                                                                                                                                                                                                                                                     |
| HLZ                  | Ceaiindulcit 250ml                                       | Lapte 250ml                                   | Supa de legume 250ml                                                         | Iaurt 1 buc                                   | Ceaiindulcit 250ml                         |              |                                                                                                                                                                                                                                                                                                                                                                                                     |
| HZ                   | Ceaiindulci 250ml                                        | Zeamacompot<br>250 ml                         | Supa de legume 250ml                                                         | Zeamacompot<br>250ml                          | Ceaiindulcit 250ml                         |              |                                                                                                                                                                                                                                                                                                                                                                                                     |
| Hiperproteic         | Ceai,paine,omleta cu<br>branza 250ml/,100g               | Banane<br>1 buc                               | Supa crema de legume ,Paste cu carne<br>tocata ,250ml,250g,,100g             | Placinta cu<br>branza                         | Lapte cu orez,Pulpe de pui<br>250ml,100g   |              |                                                                                                                                                                                                                                                                                                                                                                                                     |
| Enterita             | Ceai,paine,branza<br>vaci 250ml/100g                     | Banane<br>1 buc                               | Supa legume /Pulpe pui la cuptor/Paste<br>250ml/150g/250g                    | Sticks<br>1 buc                               | Cas ,Pulpe pui<br>100g,100g                |              |                                                                                                                                                                                                                                                                                                                                                                                                     |
| Hepatic              | Ceai,paine,omleta cu<br>branza 250ml/,100g               | Banane<br>1 buc                               | Supa crema de legume ,Paste cu carne<br>tocata ,250ml,250g,100g              | Placinta cu<br>branza                         | Lapte cu orez<br>250ml                     |              |                                                                                                                                                                                                                                                                                                                                                                                                     |
| Gastric              | Ceai,paine,omleta cu<br>branza 250ml/,100g               | Banane<br>1 buc                               | Supa crema de legume ,Paste cu pulpe de<br>pui 250ml,250g,100g               | Placinta cu<br>branza                         | Lapte cu orez<br>250ml                     |              |                                                                                                                                                                                                                                                                                                                                                                                                     |
| Desodat              | Ceai,paine,omleta cu<br>branza 250ml/,100g               | Banane<br>1 buc                               | Supa crema de legume ,Paste cu carne<br>tocata , 250ml,250g,100g             | Placinta cu<br>branza                         | Lapte cu orez<br>250ml                     |              |                                                                                                                                                                                                                                                                                                                                                                                                     |
| Cortizon             | Ceai,paine,omleta cu<br>branza 250ml/,100g               | Piept de pui<br>gratar,100g                   | Supa crema de legume ,Paste cu carne<br>tocata,,250ml,250g,100g              | Placinta cu<br>branza                         | Lapte cu orez,Pulpe de pui<br>250ml,100g   |              |                                                                                                                                                                                                                                                                                                                                                                                                     |
| Diabet               | Lapte,unt,cascaval<br>250ml,20g,50g                      | Piept de pui<br>gratar,100g                   | Supa de legume,Fasole verde,Pulpe de<br>pui,250ml,200g,150g                  | Omleta<br>Mar,100g                            | Orez cu legume,200g<br>Pulpe de pui,150g   |              |                                                                                                                                                                                                                                                                                                                                                                                                     |
| Hemodializa          | Cascaval,paine                                           | Iaurt 1 buc                                   | Pulpa de pui gratar, 150g Mar,1 buc                                          |                                               |                                            |              |                                                                                                                                                                                                                                                                                                                                                                                                     |
| Mame NNP             | Ceai,paine,omleta cu<br>branza 250ml/,100g               | Banane<br>1 buc                               | Supa crema de legume ,Paste cu pulpe de<br>pui 250ml,250g,100g               | Placinta cu<br>branza                         | Lapte cu orez,Pulpe de pui<br>250ml,100g   |              |                                                                                                                                                                                                                                                                                                                                                                                                     |
| Copii 1-3 ani        | Ceai,paine,omleta<br>branza 150ml/,100g                  | Banane<br>1 buc                               | Supa crema de legume ,Paste cu carne<br>tocata ,150ml,150g,100g              | Placinta cu<br>branza                         | Lapte cu orez<br>250ml                     |              |                                                                                                                                                                                                                                                                                                                                                                                                     |
| Copii 3-18<br>ani    | Ceai,paine,omleta<br>cu sunca si cascaval<br>250ml,,100g | Banane<br>1 buc                               | Supa crema de legume ,Paste cu carne<br>tocata in sos rosu,,250ml,250 g,100g | Placinta cu<br>branza                         | Lapte cu orez<br>250ml                     |              |                                                                                                                                                                                                                                                                                                                                                                                                     |
| Insotitori           | Ceai,paine,omleta<br>cu sunca si cascaval<br>100g        |                                               | Supa crema de legume ,Paste cu carne<br>tocata in sos rosu,,250ml,250 g,100g | -                                             | Lapte cu orez<br>250ml                     |              |                                                                                                                                                                                                                                                                                                                                                                                                     |

Aprobat Asistent sef spital

Aprobat: Seftectie Bl alimentara

Aprobat: Seftectie Bl alimentara

De serviciu As.

| Regim/<br>Gr. varsta | MICUL DEJUN<br>8 <sup>00</sup> -8 <sup>30</sup>            | GUSTARE<br>10 <sup>00</sup> -10 <sup>30</sup> | GUSTARE<br>16 <sup>00</sup> -16 <sup>30</sup>                            | CINA<br>18 <sup>00</sup> -18 <sup>30</sup> | Nr<br>portii                               | Observatii                                                                                                                                                                                                                                                                                                                                                                                         |
|----------------------|------------------------------------------------------------|-----------------------------------------------|--------------------------------------------------------------------------|--------------------------------------------|--------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Urticarie            | Ceai,paine, gem<br>250ml/50g/40g                           | Mar copt<br>1buc                              | Supa de legume/ Cartofi fierți<br>250ml/200g                             | Compotasortat<br>250ml                     | Orez dietetic<br>250g                      | *Preparatul este pe baza de legume (vegetarian. post)<br>**Materia prima poate proveni din produse congelate<br>***Alergenii posibili sunt: cereale care contin gluten (Grau, secara, ovaz) si produse derivate;<br>oua si produse derivate;<br>lapte si produse derivate<br>****Alimentatia copilului 1 -3 ani exclude: mancarurile cu preparate din carne de porc, branzeturi<br>sarate/fermenta |
| LF                   | Ceai,paine,unt<br>250ml/50g/20g                            | Lapte 250ml                                   | Supa de legume/Orez cu br. vaci<br>250ml/250g/50g                        | Iaurt 1 buc                                | Lapte cu gris<br>250g                      |                                                                                                                                                                                                                                                                                                                                                                                                    |
| LFVC                 | Ceai,paine,unt<br>250ml/50g/20g                            | Lapte 250ml                                   | Supa legume /Pulpe pui la cuptor/Orez<br>250ml/150g/200g                 | Iaurt 1 buc                                | Lapte cu gris<br>250g                      |                                                                                                                                                                                                                                                                                                                                                                                                    |
| HLZ                  | Ceaiindulcit 250ml                                         | Lapte 250ml                                   | Supa de legume 250ml                                                     | Iaurt1 buc                                 | Ceaiindulcit 250ml                         |                                                                                                                                                                                                                                                                                                                                                                                                    |
| HZ                   | Ceaiindulci 250ml                                          | Zeama compot<br>250 ml                        | Supa de legume 250ml                                                     | Zeama compot<br>250ml                      | Ceaiindulcit 250ml                         |                                                                                                                                                                                                                                                                                                                                                                                                    |
| Hiperproteic         | Ceai ,paine ,cas,<br>unt,250ml,/100g/20g                   | Sana<br>1 buc                                 | Supa de legume ,Pulpe de pui la<br>cuptor,Orez cu legume,250ml,100g,200g | Biscuiti<br>Belvita 50g                    | Lapte cu gris,Pulpe de pui<br>250g,100g    |                                                                                                                                                                                                                                                                                                                                                                                                    |
| Enterita             | Ceai,pesmet,cas<br>250ml/100g                              | Sticks<br>1 buc                               | Supa legume /Pulpe pui la cuptor/Orez<br>250ml/150g/250g                 | Grisne<br>1 buc                            | Paste cu br de vaci<br>250g                |                                                                                                                                                                                                                                                                                                                                                                                                    |
| Hepatic              | Ceai ,paine ,cas<br>gem,250ml,/100g/20                     | Sana<br>1 buc                                 | Supa de legume ,Pulpe de pui la<br>cuptor,Orez cu legume,250ml,100g,200g | Biscuiti<br>Belvita 50g                    | Lapte cu gris<br>250g                      |                                                                                                                                                                                                                                                                                                                                                                                                    |
| Gastric              | Ceai ,paine ,cas,<br>unt,250ml,/100g/10g                   | Sana<br>1 buc                                 | Supa de legume ,Pulpe de pui la<br>cuptor,Orez cu legume,250ml,100g,200g | Grisne<br>1 buc                            | Lapte cu gris<br>250g                      |                                                                                                                                                                                                                                                                                                                                                                                                    |
| Desodat              | Ceai ,paine ,cas<br>gem,250ml,/100g/20                     | Sana<br>1 buc                                 | Supa de legume ,Pulpe de pui la<br>cuptor,Orez cu legume,250ml,100g,200g | Biscuiti<br>Belvita 50g                    | Lapte cu gris<br>250g                      |                                                                                                                                                                                                                                                                                                                                                                                                    |
| Cortizon             | Ceai ,paine ,cas,gem<br>250ml,/100g,20g                    | Piept de pui<br>100g                          | Supa de legume ,Pulpe de pui la<br>cuptor,Orez cu legume,250ml,100g,200g | Biscuiti<br>Belvita 50g                    | Lapte cu gris,Pulpe de pui<br>250g,100g    |                                                                                                                                                                                                                                                                                                                                                                                                    |
| Diabet               | Lapte ,unt,cas<br>250ml,50g,20g                            | Pieptgratar,<br>Mar                           | Ciorba de legume,Chiftele ,Orez cu<br>legume,250ml,100g,250g             | Cascaval<br>Mar,100g                       | Salata orientala,Pulpe de pui<br>200g,150g |                                                                                                                                                                                                                                                                                                                                                                                                    |
| Mame NNP             | Ceai ,paine ,cas,<br>unt,250ml,/100g/20g                   | Sana<br>1 buc                                 | Supa de legume ,Pulpe de pui la<br>cuptor,Orez cu legume,250ml,100g,200g | Grisne<br>1 buc                            | Lapte cu gris,Pulpe de pui<br>250g,100g    |                                                                                                                                                                                                                                                                                                                                                                                                    |
| Copii 1-3 ani        | Ceai ,paine ,cas,<br>unt,150ml,/50g/10g                    | Iaurt<br>1 buc                                | Supa de legume ,Chiftele la cuptor,Orez<br>cu legume,150ml,100g,150g     | Biscuiti<br>Belvita 50g                    | Lapte cu gris<br>150g                      |                                                                                                                                                                                                                                                                                                                                                                                                    |
| Copii 3-18<br>ani    | Ceai,paine,telemea<br>unt,rosii,250ml/100g<br>,20g,50g     | Sana<br>1 buc                                 | Ciorba de pipote , Chiftele marinate ,Orez<br>cu legume, 250ml,100g,250g | Biscuiti<br>Belvita 50g                    | Salata orientala,<br>250g                  |                                                                                                                                                                                                                                                                                                                                                                                                    |
| Insotitori           | Ceai,paine,telemea<br>unt,castraveti<br>250ml/100g,20g,50g | -                                             | Ciorba de pipote , Chiftele marinate ,Orez<br>cu legume, 250ml,100g,250g |                                            | Salata orientala<br>250g                   |                                                                                                                                                                                                                                                                                                                                                                                                    |

COORDONATOR  
Asistent  
Nutritiv

Aprobat Asistent sef spital

Aprobat: Sef sectie BDR

Aprobat Asistent sef sectie B1 alimentara

De service.As.....

# S I MENIUL ZILEI VINERI 20/02./2026



Aprobat: Mănuș

Aprobat: Director economic

Aprobat: Director medical

| Regim/<br>Gr. varsta | MICUL DEJUN<br>8 <sup>00</sup> -8 <sup>30</sup> | GUSTARE<br>10 <sup>00</sup> -10 <sup>30</sup> | PRĂNZ<br>12 <sup>30</sup> -13 <sup>30</sup>                             | GUSTARE<br>16 <sup>00</sup> -16 <sup>30</sup> | CINA<br>18 <sup>00</sup> -18 <sup>30</sup>  | Nr<br>portii | Observatii                                                                                                                                                                                                                                                                                                                                                                                                     |
|----------------------|-------------------------------------------------|-----------------------------------------------|-------------------------------------------------------------------------|-----------------------------------------------|---------------------------------------------|--------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Urticarie            | Ceai,paine, gem<br>250ml/50g/40g                | Mar copt<br>1 buc                             | Supa de legume/Orez dietetic<br>250ml/250g                              | Compotasortat<br>250ml                        | Cartofifierti<br>250g                       |              | <p>*Preparatul este pe baza de legume (vegetarian, post)<br/> **Materia prima poate proveni din produse congelate<br/> ***Alergenii posibili sunt: cereale care contin gluten (Grau, secara, ovaz) si produse derivate;<br/> oua si produse derivate;<br/> lapte si produse derivate<br/> ****Alimentatia copilului 1 -3 ani exclude: mancarurile preparate din carne de porc,branzeturi sarate/fermentate</p> |
| LF                   | Ceai,paine,unt<br>250ml/50g/20g                 | Lapte 250ml                                   | Supa de legume/Orez cu br.vac<br>250ml/250g/50g                         | Iaurt 1 buc                                   | Paste cu legume<br>250g                     |              |                                                                                                                                                                                                                                                                                                                                                                                                                |
| LFVC                 | Ceai,paine,unt<br>250ml/50g/20g                 | Lapte 250ml                                   | Supa legume /Pulpe pui la cuptor/Orez<br>250ml/150g/200g                | Iaurt 1 buc                                   | Paste cu legume<br>250g                     |              |                                                                                                                                                                                                                                                                                                                                                                                                                |
| HLZ                  | Ceaiindulcit 250ml                              | Lapte 250ml                                   | Supa de legume 250ml                                                    | Iaurt1 buc                                    | Ceaiindulcit 250ml                          |              |                                                                                                                                                                                                                                                                                                                                                                                                                |
| HZ                   | Ceaiindulci 250ml                               | Zeama compot<br>250 ml                        | Supa de legume 250ml                                                    | Zeama compot<br>250ml                         | Ceaiindulcit 250ml                          |              |                                                                                                                                                                                                                                                                                                                                                                                                                |
| Hiperproteic         | Ceai ,paine ,cas,unt<br>250ml,100g,20g          | Banane<br>1 buc                               | Supa de perisoare ,Broccoli gratinat cu<br>pulpe de pui,250ml/250g/150g | Branza de vaci<br>100g                        | Paste cu legume,Pulpe de pui<br>250g,100g   |              |                                                                                                                                                                                                                                                                                                                                                                                                                |
| Enterita             | Ceai,pesmet,telemea<br>250ml100g                | Banane<br>1 buc                               | Supa legume /Pulpe de pui cuburi /Orez<br>250ml/150g/250g               | Branza de vaci<br>100g                        | Paste cu branza de vaci<br>250g             |              |                                                                                                                                                                                                                                                                                                                                                                                                                |
| Hepatic              | Ceai ,paine ,cas,gem<br>250ml,100g,20g          | Banane<br>1 buc                               | Supa de perisoare ,Broccoli gratinat cu<br>pulpe de pui,250ml/250g/150g | Branza de vaci<br>100g                        | Paste cu legume<br>250g                     |              |                                                                                                                                                                                                                                                                                                                                                                                                                |
| Gastric              | Ceai ,paine ,cas,unt<br>250ml,100g,20g          | Banane<br>1 buc                               | Supa de perisoare ,Orez cu legume cu<br>pulpe de pui 250ml/250g/150g    | Branza de vaci<br>100g <i>forte</i>           | Paste cu legume<br>250g                     |              |                                                                                                                                                                                                                                                                                                                                                                                                                |
| Desodat              | Ceai ,paine ,cas,gem<br>250ml,100g,20g          | Banane<br>1 buc                               | Supa de perisoare ,Broccoli gratinat cu<br>pulpe de pui,250ml/250g/150g | Branza de vaci<br>100g                        | Paste cu legume<br>250g                     |              |                                                                                                                                                                                                                                                                                                                                                                                                                |
| Cortizon             | Ceai ,paine ,cas<br>250ml,100g                  | Piept pui<br>Gratar 100g                      | Supa de perisoare ,Broccoli gratinat cu<br>pulpe de pui,250ml/250g/150g | Branza de vaci<br>100g <i>brze</i>            | Paste cu legume,Pulpe de pui<br>250g,100g   |              |                                                                                                                                                                                                                                                                                                                                                                                                                |
| Diabet               | Lapte,unt,cas<br>250ml,20g,50g                  | Piept de pui<br>gratar,mar                    | Ciorba de perisoare,Pulpe de pui,Orez cu<br>legume „250ml,150g,200g.]   | Ou fiert<br>mar,100g                          | Piure de cartofi ,Pulpe de pui<br>250g,150g |              |                                                                                                                                                                                                                                                                                                                                                                                                                |
| Hemodializa          | Cacaval,paine                                   | Iaurt 1 buc                                   | Pulpa de pui gratar,150g,mar, 1 buc                                     |                                               |                                             |              |                                                                                                                                                                                                                                                                                                                                                                                                                |
| Mame NNP             | Ceai ,paine ,cas,unt<br>250ml,100g,20g          | Banane<br>1 buc                               | Supa de perisoare ,Orez cu legume cu<br>pulpe de pui 250ml/250g/150g    | Branza de vaci<br>100g                        | Paste cu legume,Pulpe de pui<br>250g,100g   |              |                                                                                                                                                                                                                                                                                                                                                                                                                |
| Copii 1-3 ani        | Ceai ,paine cas,unt<br>150ml,50g,10g            | Banane<br>1 buc                               | Supa de perisoare ,Broccoli gratinat cu<br>pulpe de pui,150ml/150g/100g | Branza de vaci<br>50g                         | Paste cu legume<br>150g                     |              |                                                                                                                                                                                                                                                                                                                                                                                                                |
| Copii 3-18 ani       | Ceai ,paine,crenvusti<br>250ml,2 b,mustar       | Banane<br>1 buc                               | Ciorba de perisoare ,Conopida gratinata<br>250g,250g,Pulpe pui,150g     | Branza de vaci<br>100g <i>brze</i>            | Paste cu ciuperci in sos rosu<br>250g       |              |                                                                                                                                                                                                                                                                                                                                                                                                                |
| Insotitori           | Ceai ,paine,crenvusti<br>250ml,2 b,mustar       |                                               | Ciorba de perisoare,Conopida gratinata<br>250g,250g,Pulpe pui,150g      |                                               | Paste cu ciuperci in sos rosu<br>250g       |              |                                                                                                                                                                                                                                                                                                                                                                                                                |

CODIR

Asistent

Nutritie

GL

Aprobat: Asistent sef spital

Aprobat: Sef sectie Bl alimentara

Aprobat: Sef sectie

Bl alimentara

De service

As.....

# S I MENIUL ZILEI SAMBATA 21 /02./2026

Aprobat: [redacted] Manager Aprobat: Director economic [redacted]

Aprobat: Director medical [redacted]



| Regim/<br>Gr. varsta | MICUL DEJUN<br>8 <sup>00</sup> -8 <sup>30</sup> | GUSTARE<br>10 <sup>00</sup> -10 <sup>30</sup> |                                                                                  | GUSTARE<br>16 <sup>00</sup> -16 <sup>30</sup> | CINA<br>18 <sup>00</sup> -18 <sup>30</sup>          | Nr<br>portii | Observatii                                                                                                                                                                                                                                                                                                                                                             |
|----------------------|-------------------------------------------------|-----------------------------------------------|----------------------------------------------------------------------------------|-----------------------------------------------|-----------------------------------------------------|--------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Urticarie            | Ceai,paine, gem<br>250ml/40g                    | Mar copt<br>1 buc                             | Supa de legume/Carotofiert<br>250ml/200g                                         | Compotasortat<br>250ml                        | Orez dietetic<br>250g                               |              | *Preparatul este pe baza de legume (vegetarian, post)<br>**Materia prima poate proveni din produse congelate<br>***Alergenii posibili sunt: cereale care contin gluten (Grau, secara, ovaz) si produse derivate;<br>oua si produse derivate;<br>**** Alimentatia copilului 1 -3 ani exclude: mancarurile preparate din carne de porc , branzeturi<br>sarate/farmentate |
| LF                   | Ceai,paine,unt<br>250ml/20g                     | Lapte 250ml                                   | Supa de legumeOrez'cu br.vaci<br>250ml/250g/50g                                  | Iaurt1 buc                                    | Mamaliga,branza. vaci<br>200g,100g                  |              |                                                                                                                                                                                                                                                                                                                                                                        |
| LFVC                 | Ceai,paine,unt<br>250ml/20g                     | Lapte 250ml                                   | Supa legume /Pulpe pui la cuptor/Orez<br>250ml/150g/250g                         | Iaurt1 buc                                    | Mamaliga,branza. vaci<br>200g,100g                  |              |                                                                                                                                                                                                                                                                                                                                                                        |
| HLZ                  | Ceaiindulcit 250ml                              | Lapte 250ml                                   | Supa de legume 250ml                                                             | Iaurt 1 buc                                   | Ceaiindulcit 250ml                                  |              |                                                                                                                                                                                                                                                                                                                                                                        |
| HZ                   | Ceaiindulci 250ml                               | Zeama compot<br>250 ml                        | Supa de legume 250ml                                                             | Zeama compot<br>250ml                         | Ceaiindulcit 250ml                                  |              |                                                                                                                                                                                                                                                                                                                                                                        |
| Hiperproteic         | Lapte cu gris<br>250g                           | Banane<br>1 buc                               | Supade pui,Ficatei la cuptor ,Orez cu<br>legume,250ml,120g,250g                  | Biscuiti<br>Belvita 50g                       | Mamaliga,branza fagaras<br>200g,200g,Pulpe pui,150g |              |                                                                                                                                                                                                                                                                                                                                                                        |
| Enterita             | Ceai,pesmet,cas<br>250ml/100g                   | Banane<br>1 buc                               | Supa legume /Pulpe pui la cuptor/Orez<br>250ml/150g/250g                         | Grisine<br>1 buc                              | Paste cu branza de vaci<br>250g                     |              |                                                                                                                                                                                                                                                                                                                                                                        |
| Hepatic              | Lapte cu gris<br>250g                           | Banane<br>1 buc                               | Supade pui,Ficatei la cuptor ,Orez cu<br>legume,250ml,120g,250g                  | Biscuiti<br>Belvita 50g                       | Mamaliga,branza. fagaras<br>200g,200g               |              |                                                                                                                                                                                                                                                                                                                                                                        |
| Gastric              | Lapte cu gris<br>250g                           | Banane<br>1 buc                               | Supade pui,Ficatei la cuptor ,Orez cu<br>legume,250ml,120g,250g                  | Grisine<br>1 buc                              | Mamaliga,branza de vaci<br>oua posat,200g,100g      |              |                                                                                                                                                                                                                                                                                                                                                                        |
| Desodat              | Lapte cu gris<br>250g                           | Banane<br>1 buc                               | Supade pui,Ficatei la cuptor ,Orez cu<br>legume,250ml,120g,250g                  | Biscuiti<br>Belvita 50g                       | Mamaliga,branza. fagaras<br>200g,200g               |              |                                                                                                                                                                                                                                                                                                                                                                        |
| Diabet               | Lapte ,unt,cascaval<br>250ml,20g,50g            | Pulpe pui<br>gratar,mar                       | Ciorba de pui,Ficatei de pui,Orez cu<br>legume,250ml,120g,200g                   | Ou fiert<br>Mar,100g                          | Mamaliga ,branza fagara<br>Pulpe pui,200g,200g.150g |              |                                                                                                                                                                                                                                                                                                                                                                        |
| Cortizon             | Lapte cu gris<br>250g                           | Pulpe de pui<br>Gratar 150g                   | Supade pui,Ficatei la cuptor ,Orez cu<br>legume,250ml,120g,250g                  | Biscuiti<br>Belvita 50g                       | Mamaliga,branza fagaras<br>200g,200g,Pulpe pui,150g |              |                                                                                                                                                                                                                                                                                                                                                                        |
| Mame NNP             | Lapte cu gris<br>250g                           | Banane<br>1 buc                               | Supade pui,Ficatei la cuptor ,Orez cu<br>legume,250ml,120g,250g                  | Grisine<br>1 buc                              | Mamaliga,branza fagaras<br>200g,200g,Pulpe pui,150g |              |                                                                                                                                                                                                                                                                                                                                                                        |
| Copii 1-3 ani        | Lapte cu gris<br>150ml                          | Banane<br>1 buc                               | Supa de pui,Ficatei la cuptor ,Orez cu<br>legume,150ml,100g,150g                 | Biscuiti<br>Belvita 50g                       | Mamaliga,branza. fagaras<br>150g,150g               |              |                                                                                                                                                                                                                                                                                                                                                                        |
| Copii 3-18<br>ani    | Lapte cu cacao,unt,<br>gem,250ml,20,40g         | Banane<br>1 buc                               | Ciorba de pui,Ficatei cu sos ,Orez cu<br>legume,salata sfecla,250ml,120,250g100, | Biscuiti<br>Belvita 50g                       | Mamaliga ,telemea,smantana<br>200g,100g,50g         |              |                                                                                                                                                                                                                                                                                                                                                                        |
| Insotitori           | Lapte cu cacao,unt,<br>gem,250ml,20,40g         | -                                             | Ciorba de pui,Ficatei cu sos ,Orez cu<br>legume,salata sfecla,250ml,120g250g100, | -                                             | Mamaliga ,telemea,smantana<br>200g,100g,50g         |              |                                                                                                                                                                                                                                                                                                                                                                        |

COD [redacted] MIT: [redacted] Aprobat: Asistent sef spital [redacted] Aprobat: Sef sectie BI alimentara [redacted] Aprobat: Asistent sef sectie BI alimentara De service.As.....

| Regim/<br>Gr. varsta | MICUL DEJUN<br>8 <sup>00</sup> -8 <sup>30</sup> | GUSTARE<br>10 <sup>00</sup> -10 <sup>30</sup> | GUSTARE<br>16 <sup>00</sup> -16 <sup>30</sup>                                      | CINA<br>18 <sup>00</sup> -18 <sup>30</sup> | Nr<br>portii                             | Observatii                                                                                                                                                                                                                                                                                                                                                                                                           |
|----------------------|-------------------------------------------------|-----------------------------------------------|------------------------------------------------------------------------------------|--------------------------------------------|------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Urticarie            | Ceai,paine, gem<br>250ml/40g                    | Mar copt<br>1 buc                             | Supa de legume/Cartofi fierți<br>250ml/250g                                        | Compotasortat<br>250ml                     | Paste fierte<br>250g                     | <p>* Preparatul este pe baza de legume (vegetarian, post)<br/> ** Materia prima poate proveni din produse congelate<br/> *** Alergenii posibili sunt: cereale care contin gluten (Grau, secara, ovaz) si produse derivate;<br/> oua si produse derivate;<br/> lapte si produse derivate<br/> *** Alimentatia copilului 1 -3 ani exclude: mancarurile cu preparate din carne de porc,branzeturi sarate/fermentate</p> |
| LF                   | Ceai,paine,unt,branza<br>de vaci 250ml/20g,50   | Lapte 250ml                                   | Supa de legume/Orez cu br vaci<br>250ml/250g/50g                                   | Iaurt 1 buc                                | Orez cu lapte<br>250 g                   |                                                                                                                                                                                                                                                                                                                                                                                                                      |
| LFVC                 | Ceai,paine,unt,branza<br>de vaci 250ml/20g,50   | Lapte 250ml                                   | Supa legume /Pulpe pui la cuptor/Orez<br>250ml/100g/250g                           | Iaurt 1 buc                                | Orez cu lapte<br>250 g                   |                                                                                                                                                                                                                                                                                                                                                                                                                      |
| HLZ                  | Ceaiindulcit 250ml                              | Lapte 250ml                                   | Supa de legume 250ml                                                               | Iaurt1 buv                                 | Ceaiindulcit 250ml                       |                                                                                                                                                                                                                                                                                                                                                                                                                      |
| HZ                   | Ceaiindulci 250ml                               | Zeama compot<br>250 ml                        | Supa de legume 250ml                                                               | Zeama compot<br>250ml                      | Ceaiindulcit 250ml                       |                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Hiperproteic         | Ceai,paine,br.vaci,<br>unt, 250ml,100g,20g      | Banane<br>1 buc                               | Supa de legume cu turnatei ,Piure de<br>cartofi cu pulpe de pui,250g,250g,150g     | Biscuiti<br>1 buc                          | Orez cu lapte Pulpe de pui<br>200 g,150g |                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Enterita             | Ceai,pesmet,brvaci<br>250ml/100g                | Banane<br>1 buc                               | Supa legume /Pulpe pui la cuptor/Orez<br>250ml/150g/250g                           | Grisine<br>1 buc                           | Pulpe de pui,telemea<br>100g,100g        |                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Hepatic              | Ceai,paine,br.vaci,<br>gem 250ml,100g,40g       | Banane<br>1 buc                               | Supa de legume cu turnatei ,Piure de<br>cartofi cu pulpe de pui,250g,250g,150g     | Biscuiti<br>1 buc                          | Orez cu lapte<br>250 g                   |                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Gastric              | Ceai,paine,br.vaci,<br>unt, 250ml,100g,20g      | Banane<br>1 buc                               | Supa de legume cu turnatei ,Piure de<br>cartofi cu pulpe de pui,250g,250g,150g     | Biscuiti<br>1 buc                          | Orez cu lapte<br>250 g                   |                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Desodat              | Ceai,paine,br.vaci,<br>gem 250ml,100g,40g       | Banane<br>1 buc                               | Supa de legume cu turnatei ,Piure de<br>cartofi cu pulpe de pui,250g,250g,150g     | Biscuiti<br>1 buc                          | Orez cu lapte<br>250 g                   |                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Diabet               | Lapte,cas,unt<br>250ml,50g,20g                  | Pulpegratarma<br>r,100g                       | Ciorba cu turnatei,,Pulpe pui<br>250ml,200g,150g                                   | Cascaval<br>Mar,100g                       | Orez cu legume,200g<br>Pulpe pui,150g    |                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Cortizon             | Ceai,paine,br.vaci,<br>250ml,100g               | Pulpa de pui<br>gratar150g                    | Supa de legume cu turnatei ,Piure de<br>cartofi cu pulpe de pui,250g,250g,150g     | Biscuiti<br>1 buc                          | Orez cu lapte Pulpe de pui<br>200 g,150g |                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Mame NNP             | Ceai,paine,br.vaci,<br>unt, 250ml,100g,20g      | Banane<br>1 buc                               | Supa de legume cu turnatei ,Piure de<br>cartofi cu pulpe de pui,250g,250g,150g     | Biscuiti<br>1 buc                          | Orez cu lapte Pulpe de pui<br>200 g,150g |                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Copii 1-3 ani        | Ceai,paine,br.vaci,<br>unt, 150ml,50g,10g       | Banane<br>1 buc                               | Supa de legume cu turnatei,,Piure de<br>cartofi cu pulpe de pui,150g,150g,100g     | Biscuiti<br>1 buc                          | Orez cu lapte<br>150 g                   |                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Copii 3-18 ani       | Ceai,paine,sunca,cas<br>250m,50g,50g            | Banane<br>1 buc                               | Ciorba de legume cu turnatei ,Mancare de<br>varza cu carne de porc ,250g,250g,100g | Biscuiti<br>1 buc                          | Orez cu ciuperci<br>250g                 |                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Insotitori           | Ceai,paine,cas,br<br>topita250m50g,2 buc        | -                                             | Ciorba de legume cu turnatei ,Mancare de<br>varza cu carne de porc ,250g,250g,100g | -                                          | Orez cu ciuperci<br>250g                 |                                                                                                                                                                                                                                                                                                                                                                                                                      |

INTOCMIT :

Aprobat Asistent sef spital

Aprobat: Sef sectie BI alimentara

Aprobat: Asistent sef sectie

BI alimentara De service.As.....

COD  
Asisten  
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