

Regim/ Gr. varsta	MICUL DEJUN 8 ⁰⁰ -8 ³⁰	GUSTARE 10 ⁰⁰ -10 ³⁰	PRANZ 12 ³⁰ -13 ⁰⁰	GUSTARE 16 ⁰⁰ -16 ³⁰	CINA 18 ⁰⁰ -18 ³⁰	Nr portii	Observatii
Urticarie	Ceai,paine fara sare gem ,250ml,40g	Mar copt 1 buc	Supa de legume,Cartofi fierti 250ml,250g	Compot,asortat 250ml,1 buc	Orez dietetic 250g		*Preparatul este pe baza de legume (vegetarian, post) **Materia prima poate proveni din produse congelate ***Alergenii posibili sunt: cereale care contin gluten (Grau, secara, ovaz) si produse derivate; oua si produse derivate; lapte si produse derivate ****Alimentatia copilului 1 -3 ani exclude: mancarurile cu sos tomat, preparate din carne, branzeturi sarate/fermentate
LF	Ceai,paine,unt 250ml,20g	Lapte 250ml	Supa de legumeOrez cu br.vaci 250ml,250g,50g		Mamaliga,Branza de vaci 200g,100g		
LFVC	Ceai,paine,unt 250ml,20g	Lapte 250ml	Supa legume ,Pulpe pui la cuptor,Orez 250ml,150g,250g	Iaurt 1 buc	Mamaliga,Branza de vaci 200g,100g		
ILZ	Ceai indulcit 250ml	Lapte 250ml	Supa de legume 250ml	Iaurt 1 buc	Ceai indulcit 250ml		
IZ	Ceai indulci 250ml	Zeama compot 250 ml	Supa de legume 250ml	Zeama compot 250ml	Ceai indulcit 250ml		
Hiperproteic	Ceai,paine,cr.branza unt,250ml,100g,40g	Sana 1buc	Supa cu taietei de casa,Piept de pui,Orez cu legume 250ml,150g,250g	Biscuiti cereale 1 buc	Margele de branza,mamaliga Pulpe de pui,180g,200g,100g		
Enterita	Ceai menta,pesmet, cas 250ml,100g	Sicksuri 1 buc	Supa legume /Pulpe pui la cuptor/Orez 250ml/150g/250g	Grisine 1 buc	Pulpe de pui,Branza de vaci 150g,100g		
Hepatic	Ceai,paine,cr.branza 250ml,100g	Sana 1buc	Supa cu taietei de casa,Piept de pui,Orez cu legume 250ml,150g,250g	Biscuiti cereale 1 buc	Margele de branza,mamaliga 180g,200g		
Gastric	Ceai,paine,cas ,unt 250ml,100g,10g	Sana 1buc	Supa cu taietei de casa,Piept de pui,Orez cu legume 250ml,150g,250g	Biscuiti 1 buc	Mamaliga,Branza de vaci,ou posat,200g,100g,1 buc		
Mesodat	Ceai,paine,cr.branza gem,250ml,100g,40g	Sana 1buc	Supa cu taietei de casa,Piept de pui,Orez cu legume 250ml,150g,250g	Biscuiti cereale 1 buc	Margele de branza,mamaliga 180g,200g		
Cortizon	Ceai,paine,cr branza 250ml,100g	Pulpa de pui 150g	Supa cu taietei de casa,Piept de pui,Orez cu legume 250ml,150g,250g	Biscuiti 1 buc	Margele de branza,mamaliga Pulpe de pui,180g,200g,100g		
Hemodializa	Paine farasare ,Cascaval 100g Pulpa de pui,150g,Mar 1buc,Iaurt 1 buc						
	Alte regimuri sunt detaliate in "MENIU REGIM SPECIAL (DZ, RENAL I- VI, CELIACHIE, FENILCETONURIE, etc.)"						
Diabet	Lapte ,paine,cas unt,250ml,50g,20g	Pulpa de pui 150g,Mar	Ciorba cu taietei de casa,Musaca de cartofi cu piept de pui,250ml,250g	Cascaval,Mar 100g,1 buc	Margele de branza,mamaliga Pulpe de pui,180g,200g,100g		
Amame NNP	Ceai,paine,cas ,unt 250ml,100g,10g	Sana 1buc	Supa cu taietei de casa,Piept de pui,Orez cu legume 250ml,150g,250g	Biscuiti 1 buc	Margele de branza,mamaliga Pulpe de pui,180g,200g,100g		
Copii 1-3 ani	Ceai,paine,cr branza 150ml,50g	Iaurt 1buc	Supa cu taietei de casa,Piept de pui,Orez cu legume 150ml,100g,150g	Biscuiti cereale 1 buc	Margele de branza,mamaliga 180g,150g		
Copii 3-18 ni	Ceai,paine,crenvusti mustar 250ml, 2 buc,1 buc	Sana 1buc	Ciorba cu taietei de casa,Musaca de cartofi cu piept de pui,250ml,250g	Biscuiti cereale 1 buc	Mamaliga ,telemea,smantana 200g,100g,50g		
nsotitori	Ceai,paine,crenvusti mustar 250ml, 2 buc,1 buc	-	Ciorba cu taietei de casa,Musaca de cartofi cu piept de pui,250ml,250g	-	Mamaliga ,telemea,smantana 200g,100g,50g		

Regim pe zi : 1-3 ani = 100g, 3-18, Apartinatori = 150g. Aprobat: AsSefsecie Aprobat: Sefsecie

Aprobat: Director economic

Aprobat : Digimedical

NPreparatul este pe baza de legume (vegetarian, post)
****Materia prima poate proveni din produse congelate**
*****Alergenii posibili sunt:** cereale care contin gluten (Grau, secara, ovaz) si produse derivate;
 oua si produse derivate;
 lapte si produse derivate
******Alimentatia copilului 1 -3 ani exclude:** mancarurile cu sos tomat, preparate din

Gramaj carne pe zi : 1-3 ani = 150g, 3-18, Apartinatori = 200g Aprobat : As. Sef spital

Aprobat: Sef s

obat:As S

SECRETARIATUL M. OLIMPIA ALINA
Asistent Generalist Licențiat
GRAD Generală

Aprobat: Medic

Aprobat: Director economic

Aprobat: Medic medical

Regim/ Gr. varsta	MICUL DEJUN 8 ⁰⁰ -8 ³⁰	GUSTARE 10 ⁰⁰ -10 ³⁰	PRANZ 12 ³⁰ -13 ⁰⁰	GUSTARE 16 ⁰⁰ -16 ³⁰	CINA 18 ⁰⁰ -18 ³⁰	Nr portii	Observatii
Urticarie	Ceai,paine fara sare gem ,250ml,40g	Mar copt 1 buc	Supa de legume,Cartofi fierti 250ml,250g	Compotasortat 250ml,1 buc	Orez dietetic 250g		* Preparatul este pe baza de legume (vegetarian, post) ** Materia prima poate proveni din produse congelate *** Alergenii posibili sunt: cereale care contin gluten (Grau, secara, ovaz) si produse derivate; oua si produse derivate; lapte si produse derivate **** Alimentatia copilului 1 -3 ani exclude: mancarurile cu sos tomat, preparate din carne, branzeturi sarate/fermentate
LF	Ceai,paine,unt 250ml,,20g	Lapte 250ml	Supa de legume,Orez cu br.vaci 250ml,250g,50g	Lapte 1 buc	Budince de orez 250g		
LFVC	Ceai,paine,unt 250ml,20g	Lapte 250ml	Supa legume ,Pulpe pui la cuptor,Orez 250ml,150g,250g	Iaurt 1 buc	Budince de orez 250g		
HLZ	Ceai indulcit 250ml	Lapte 250ml	Supa de legume 250ml	Iaurt 1 buc	Ceai indulcit 250ml		
HZ	Ceai indulci 250ml	Zeama compot 250 ml	Supa de legume 250ml	Zeama compot 250ml	Ceai indulcit 250ml		
Hiperproteic	Ceai,paine,omleta cu br vaci,250ml,100g	Banane 1 buc	Supa cu turnatei,Broccoli gratinat ,Pulpe de pui,250ml,250g,150g	Branzoaice 1 buc	Budince de orez ,Pulpa de pui,250g,150g		
Enterita	Ceai menta,pesmet br vaci 250ml,100g	Banane 1 buc	Supa legume /Pulpe pui la cuptor/Orez 250ml/150g/250g	Grisine 1 buc	Pulpa de pui,Branza de vaci 150g,100g		
Hepatic	Ceai,paine,omleta cu br vaci,250ml,100g	Banane 1 buc	Supa cu turnatei,Broccoli gratinat ,Pulpe de pui,250ml,250g,150g	Branzoaice 1 buc	Budince de orez cu scortisoara 250g		
Gastric	Ceai,paine,omleta cu br vaci,250ml,100g	Banane 1 buc	Supa cu turnatei,Pulpe de pui,Piure de cartofi,250ml,150g,200g	Branzoaice 1 buc	Budince de orez cu scortisoara 250g		
Desodat	Ceai,paine,omleta cu br vaci,250ml,100g	Banane 1 buc	Supa cu turnatei,Broccoli gratinat ,Pulpe de pui,250ml,250g,150g	Branzoaice 1 buc	Budince de orez cu scortisoara 250g		
Cortizon	Ceai,paine,omleta cu br vaci,250ml,100g	Pulpa de pui 150g	Supa cu turnatei,Broccoli gratinat ,Pulpe de pui,250ml,250g,150g	Branzoaice 1 buc	Budince de orez ,Pulpa de pui,250g,150g		
Hemodializa	Paine fara sare ,Cascaval 100g ,Pulpe de pui 150g,Mar 1 buc,Iaurt 1 buc Alte regimuri sunt detaliate in "MENIU REGIM SPECIAL (DZ, RENAL I- VI, CELIACHIE, FENILCETONURIE, etc.)"						
Diabet	Lapte ,paine,cascaval unt,250ml,50g,20g	Pulpa de pui 150g,Mar 1 b	Supa cu turnatei,Pulpe de pui,Piure de cartofi,250ml,150g,200g	Sunca,Mar 100g,1 buc	Orez cu legume,Pulpe de pui 250g,150g		
Alame NNP	Ceai,paine,omleta cu br vaci,250ml,100g	Banane 1 buc	Supa cu turnatei,Pulpe de pui,Piure de cartofi,250ml,150g,200g	Branzoaice 1 buc	Budince de orez ,Pulpa de pui,250g,150g		
Copii 1-3 ani	Ceai,paine,omleta cu br vaci,150ml,100g	Banane 1 buc	Supa cu turnatei,Broccoli gratinat ,Pulpe de pui,150ml,150g,100g	Branzoaice 1 buc	Budince de orez cu scortisoara 150g		
Copii 3-18 ani	Ceai,paine,omleta cu sunca si cascaval 250ml,150g	Banane 1 buc	Ciorba cu turnatei,Ghiveci de legume si carne de porc,250ml,250g,100g	Branzoaice 1 buc	Budince de orez cu scortisoara 250g		
Insotitori	Ceai,paine,omleta cu sunca si cascaval 250ml,150g	-	Ciorba cu turnatei,Ghiveci de legume si carne de porc,250ml,250g,100g	-	Budince de orez cu scortisoara 250g		

Gramaj: paine pe zi : 1-3 ani = 100g, 3-18, Apartinatori = 150g. Aprobat: Ases. Spital

Aprobat: Ases. Spital

Asistent medical
GRAD PRIN
Licențiat
Generală

Aprobat: Manager

Aprobat: Director Economic

Aprobat: Director Medical

Regim/ Gr. varsta	MICUL DEJUN 8 ⁰⁰ -8 ³⁰	GUSTARE 10 ⁰⁰ -10 ³⁰	PRANZ 12 ³⁰ -13 ⁰⁰	GUSTARE 15 ⁰⁰ -16 ³⁰	CINA 18 ⁰⁰ -18 ³⁰	Nr portii	Observatii
Urticarie	Ceai,paine fara sare gem ,250ml,40g	Mar copt 1 buc	Supa de legume,Cartofi fierți 250ml,250g	Compotasortat 250ml	Orez dietetic 250g		* Preparatul este pe baza de legume (vegetarian, post) ** Materia prima poate proveni din produse congelate *** Alergenii posibili sunt: cereale care contin gluten (Grau, secara, ovaz) si produse derivate; oua si produse derivate; lapte si produse derivate **** Alimentatia copilului 1 -3 ani exclude: mancarurile cu sos tomat, preparate din carne, branzeturi sarate/fermentate
LF	Ceai,paine,unt 250ml,20g	Lapte 250ml	Supa de legumeOrez cu br.vaci 250ml,250g,50g	Iaurt 1 buc	Budinca de gris 250g		
LFVC	Ceai,paine,unt 250ml,20g	Lapte 250ml	Supa legume ,Pulpe pui la cuptor,Orez 250ml,150g,250g	Iaurt 1 buc	Budinca de gris 250g		
HLZ	Ceai indulcit 250ml	Lapte 250ml	Supa de legume 250ml	Iaurt 1 buc	Ceai indulcit 250ml		
HZ	Ceai indulci 250ml	Zeama compot 250 ml	Supa de legume 250ml	Zeama compot 250ml	Ceai indulcit 250ml		
Hiperproteic	Ceai,paine,cas,ou, 250ml,100g,1 bu	Mar 1buc	Supa cu perisoare,Cartofi cu unt si verdeata,Piept de pui,300ml,250g,150g	Placinta cu branza1 buc	Budinca de gris ,Pulpe de pui 250g,150g		
Enterita	Ceai menta,pesmet, cas,250ml,100g	Grisne 1 buc	Supa legume /Pulpe pui la cuptor/Orez 250ml/150g/250g	Branza vaci 100g	Pulpe de pui,telemea 150g,100g		
Hepatic	Ceai,paine,cas,ou, 250ml,100g,1buc	Mar 1buc	Supa cu perisoare,Cartofi cu unt si verdeata,Piept de pui,300ml,250g,150g	Branza de vaci 100g	Budinca de gris 250g		
Gastric	Ceai,paine,cas,ou, 250ml,100g,1 b.	Mar copt 1 buc	Supa cu perisoare,Cartofi cu unt si verdeata,Piept de pui,300ml,250g,150g	Placinta cu branza1 buc	Budinca de gris 250g		
Desodat	Ceai,paine,cas,ou, 250ml,100g,1buc	Mar 1buc	Supa cu perisoare,Cartofi cu unt si verdeata,Piept de pui,300ml,250g,150g	Placinta cu branza1 buc	Budinca de gris cu sirop caramel 150g		
Cortizon	Ceai,paine,cas,ou, 250ml,100g,1buc	Pulpa de pui 150g	Supa cu perisoare,Cartofi cu unt si verdeata,Piept de pui,300ml,250g,150g	Branza de vaci 100g	Budinca de gris ,Pulpe de pui 250g,150g		
Hemodializa	Alte regimuri sunt detaliate in "MENIU REGIM SPECIAL (DZ, RENAL I- VI, CELIACHIE, FENILCETONURIE, etc.)"						
Diabet	Lapte ,paine,cas unt,250ml,50g,20g	Pulpa de pui 150g,Mar 1 b	Ciorba de perisoare,Cartofi natur,Piept de pui,300ml,200g,150g	Ou fiert,Mar 1 buc,1 buc	Orez cu legume ,Pulpa de pui 250g 150g		
Mame NNP	Ceai,paine,cas,ou, 250ml,100g,1 buc	Mar copt 1 buc	Supa cu perisoare,Cartofi cu unt si verdeata,Piept de pui,300ml,250g,150g	Placinta cu branza1 buc	Budinca de gris ,Pulpe de pui 250g,150g		
Copii 1-3 ani	Ceai,paine,cas,ou, 150ml,50g,1 buc	Mar 1buc	Supa cu perisoare,Cartofi cu unt si verdeata,Piept de pui,200ml,150g,100g	Placinta cu branza1 buc	Budinca de gris cu sirop caramel 150g		
Copii 3-18 ani	Ceai,paine,cascaval, ou,rosii chery ,250ml 50g,1 buc,50g	Mar 1buc	Ciorba de perisoare,Tocana de cartofi cu cabanos,300ml,250g,100g	Placinta cu branza1 buc	Budinca de gris cu sirop caramel,250g		
nsotitori	Ceai,paine,cascaval, ou,castraveti,250ml 50g,1 buc,50g	-	Ciorba de perisoare,Tocana de cartofi cu cabanos,300ml,250g,100g	-	Budinca de gris cu sirop caramel ,250g		

Gratificati: 1-3 ani = 100g, 3-18, Apartinatori = 150g Aprobat: As Sef spital

Aprobat: Sef sectie

Aprobat: As Sef sectie

DASIAN
Asistent

Aprobat: [Redacted]

Aprobat: Direct [Redacted] omic

Aprobat: Direct [Redacted] medical

Regim/ Gr. varsta	MICUL DEJUN 8 ⁰⁰ -8 ³⁰	GUSTARE 10 ⁰⁰ -10 ³⁰	PRANZ 12 ³⁰ -13 ⁰⁰	GUSTARE 16 ⁰⁰ -16 ³⁰	CINA 18 ⁰⁰ -18 ³⁰	Nr portii	Observatii
Urticarie	Ceai,paine fara sare gem ,250ml,40g	Mar copt 1 buc	Supa de legume,Cartofi fierti 250ml,250g	Compotasortat 250ml Iaurt * 1 buc	Paste fierte 250g		* Preparatul este pe baza de legume (vegetarian, post) ** Materia prima poate proveni din produse congelate *** Alergenii posibili sunt: cereale care contin gluten (Grau, secara, ovaz) si produse derivate; oua si produse derivate; lapte si produse derivate **** Alimentatia copilului 1 - 3 ani exclude: mancarurile cu sos tomat, preparate din carne, branzeturi sarate/fermentate
LF	Ceai,paine,unt 250ml,20g	Lapte 250ml	Supa de legumeOrez cu br.vaci 250ml,250g,50g	Iaurt * 1 buc	Paste cu branza de vaci 250g		
LFVC	Ceai,paine,unt 250ml,20g	Lapte 250ml	Supa legume ,Pulpe pui la cuptor,Orez 250ml,150g,250g	Iaurt 1 buc	Paste cu branza de vaci 250g		
ILZ	Ceai indulcit 250ml	Lapte 250ml	Supa de legume 250ml	Iaurt 1 buc	Ceai indulcit 250ml		
IZ	Ceai indulci 250ml	Zeama compot 250 ml	Supa de legume 250ml	Zeama compot 250ml	Ceai indulcit 250ml		
Hiperproteic	Ceai,paine,unt,cas 250ml,20g,100g	Iaurt 1 buc	Supa de pui,Orez cu legume,Pulpe de pui 300ml,250g,150g	Corn cu gem 1 buc	Paste cu branza de vaci Pulpe de pui,250g,150g		
Enterita	Ceai menta,pesmet, cas, 250ml,100g	Grisine 1 buc	Supa legume /Pulpe pui la cuptor/Orez 250ml/150g/250g	Sticks 1 buc	Paste cu branza de vaci 250g		
Hepatic	Ceai,paine,cas 250ml,100g	Iaurt 1 buc	Supa de pui,Orez cu legume,Pulpe de pui 300ml,250g,150g	Corn cu gem 1 buc	Paste cu branza de vaci 250g		
Gastric	Ceai,paine,unt,cas 250ml,20g,100g	Iaurt 1 buc	Supa de pui,Orez cu legume,Pulpe de pui 300ml,250g,150g	Grisine 1 buc	Paste cu branza de vaci 250g		
Desodat	Ceai,paine,gem ,cas 250ml,40g,100g	Iaurt 1 buc	Supa de pui,Orez cu legume,Pulpe de pui 300ml,250g,150g	Corn cu gem 1 buc	Paste cu branza de vaci 250g		
Cortizon	Ceai,paine,cas 250ml,100g	Pulpade pui 150g	Supa de pui,Orez cu legume,Pulpe de pui 300ml,250g,150g	Mar 1 buc	Paste cu branza de vaci Pulpe de pui,250g,150g		
Hemodializa	Paine fara sare ,Cascaval 100g Pulpe de pui 150g ,Mar 1 buc,Iaurt 1 buc						
	Alte regimuri sunt detaliate in "MENIU REGIM SPECIAL (DZ, RENAL I- VI, CELIACHIE, FENILCETONURIE, etc.)"						
Diabet	Lapte ,paine,cascaval unt,250ml,50g,20g	Pulpa de pui 150g,Mar 1b	Ciorba de pui,Fasole verde,Pulpe de pui 300ml,250g,150g	Telemea,Mar 100g,1 buc	Piure de cartofi,Pulpe de pui,250g,150g		
Nume NNP	Ceai,paine,unt,cas 250ml,20g,100g	Iaurt 1 buc	Supa de pui,Orez cu legume,Pulpe de pui 300ml,250g,150g	Grisine 1 buc	Paste cu branza de vaci Pulpe de pui,250g,150g		
Copii 1-3 ani	Ceai,paine,unt,cas 150ml,10g,50g	Iaurt 1 buc	Supa de pui,Orez cu legume,Pulpe de pui 200ml,150g,100g	Corn cu gem 1 buc	Paste cu branza de vaci 150g		
Copii 3-18 ni	Ceai,paine,telemea unt,castraveti,250ml, 100g,20g,50g	Turta dulce 1 buc	Ciorba de pui,Fasole verde,Pulpe de pui 300ml,250g,150g	Corn cu gem 1 buc	Budinca cu sunca si cascaval 250g		
nsotitori	Ceai,paine,telemea unt,castraveti,250ml, 100g,20g,50g		Ciorba de pui,Fasole verde,Pulpe de pui 300ml,250g,150g	-	Budinca cu sunca si cascaval 250g		

CA [Redacted] : 1-3 ani = 100g, 3-18, Apartinatori = 150g. Aprobat: As. Sef spital

Aprobat: [Redacted] Aprobata: [Redacted] Aprobata: [Redacted]

ASISTENT M. OLIMPIA ALINA
Asistent medical Generalist/Licentiat
GRAD [Redacted]

*Preparatul este pe baza de legume (vegetarian, post)
***Materia prima poate proveni din produse congelate
*****Alergenii posibili sunt: cereale care contin gluten (Grau, secara, ovaz) si produse derivate;
oua si produse derivate;
lapte si produse derivate
*****Alimentatia copilului 1 -3 ani exclude: mancarurile cu sos tomat, preparate din carne sarate/fermentate.

line pe zi: 1-3 ani = 100g, 3-18, Apartinatori = 150g

Aprobat: As Sef spital

Aprobare Sec. secti

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Aprobat: [redacted]

Aprobat: Director econom [redacted]

Aprobat: Director medical [redacted]

Regim/ Gr. varsta	MICUL DEJUN 8 ⁰⁰ -8 ³⁰	GUSTARE 10 ⁰⁰ -10 ³⁰	PRANZ 12 ³⁰ -13 ⁰⁰	GUSTARE 16 ⁰⁰ -16 ³⁰	CINA 18 ⁰⁰ -18 ³⁰	Nr portii	Observatii
Urticarie	Ceai, paine fara sare gem, 250ml, 40g	Mar copt 1 buc	Supa de legume, Cartofi fierți 250ml, 250g	Compota sortat 250ml	Paste fierte 250g		
LF	Ceai, paine, unt 250ml, 20g	Lapte 250ml	Supa de legume Orez cu br. vaci 250ml, 250g, 50g	Iaurt 1 buc	Paste cu branza de vaci 250g		
LFVC	Ceai, paine, unt 250ml, 20g	Lapte 250ml	Supa legume, Pulpe pui la cuptor, Orez 250ml, 150g, 250g	Iaurt 1 buc	Paste cu branza de vaci 250g		
HLZ	Ceai indulcit 250ml	Lapte 250ml	Supa de legume 250ml	Iaurt 1 buc	Ceai indulcit 250ml		
HZ	Ceai indulci 250ml	Zeama compot 250 ml	Supa de legume 250ml	Zeama compot 250ml	Ceai indulcit 250ml		
Hiperproteic	Ceai, paine, unt, gem 250ml, 20g, 40g	Banane 1 buc	Supa de legume, Pulpe de pui, Legume mexicane, 250ml, 250g, 150g	Belvita 1 buc	Budince de paste cu branza de vaci, Pulpe de pui, 250g, 150g		
Enterita	Ceai menta, pesmet , brvaci, 250ml, 100g	Banane 1 buc	Supa legume /Pulpe pui la cuptor/Orez 250ml/150g/250g	Grisine 1 buc	Pulpa de pui/Cas 150g/100g		
Hepatic	Ceai, paine, brvaci 250ml, 100g	Banane 1 buc	Supa de legume, Pulpe de pui, Legume mexicane, 250ml, 250g, 150g	Biscuiti 1 buc	Budince de paste cu branza de vaci 250g		
Gastric	Ceai, paine, brvaci 250ml, 100g	Banane 1 buc	Ciorba de legume, Orez cu legume, Pulpe de pui, 250ml, 200g, 150g	Grisine 1 buc	Budince de paste cu branza de vaci 250g		
Desodat	Ceai, paine, brvaci 250ml, 100g	Banane 1 buc	Supa de legume, Pulpe de pui, Legume mexicane, 250ml, 250g, 150g	Belvita 1 buc	Budince de paste cu branza de vaci 250g		
Cortizon	Ceai, paine, brvaci 250ml, 100g	Pulpa de pui 150g	Supa de legume, Pulpe de pui, Legume mexicane, 250ml, 250g, 150g	Biscuiti 1 buc	Budince de paste cu branza de vaci, Pulpe de pui, 250g, 150g		
Hemodializa	Alte regimuri sunt detaliate in "MENIU REGIM SPECIAL (DZ, RENAL I- VI, CELIACHIE, FENILCETONURIE, etc.)"						
Diabet	Lapte, paine, cas unt, 250ml, 50g, 20g	Pulpa de pui 150g, Mar 1b	Ciorba de legume, Legume mexicane Pulpe de pui, 250ml, 250g, 150g	Sunca, Mar 100g, 1 buc	Orez cu legume Pulpe de pui, 250g, 150g		
Mame NNP	Ceai, paine, unt, gem 250ml, 20g, 40g	Banane 1 buc	Supa de legume, Orez cu legume, Pulpe de pui, 250ml, 250g, 150g	Grisine 1 buc	Budince de paste cu branza de vaci, Pulpe de pui, 250g, 150g		
Copii 1-3 ani	Ceai, paine, unt, gem 150ml, 10g, 20g	Banane 1 buc	Supa de legume, Orez cu legume, Pulpe de pui, 150ml, 150g, 100g	Belvita 1 buc	Budince de paste cu branza de vaci 150g		
Copii 3-18 ani	Ceai, paine, unt, gem 250ml, 20g, 40g	Banane 1 buc	Ciorba de legume, Mazare cu carne de porc, 250ml, 250g, 100g	Belvita 1 buc	Budince de paste cu telemea 250g		
Insotitori	Ceai, paine, unt, gem 250ml, 20g, 40g	-	Ciorba de legume, Mazare cu carne de porc, 250ml, 250g, 100g	-	Budince de paste cu telemea 250g		

*Preparatul este pe baza de legume (vegetarian, post)
**Materia prima poate proveni din produse congelate
***Alergenii posibili sunt: cereale care contin gluten (Grau, secara, ovaz) si produse derivate;
oua si produse derivate;
lapte si produse derivate

Gramaj: Copii : 1-3 ani = 150g, 3-18, Aparținători = 200g Aprobat: As Sef spital [redacted]

Aprobat: Sef sectie [redacted] Aprobat: As Sef sectie [redacted]